Cheetahs

Cheetahs are one of the fastest animals on land. They can run at about 70 miles per hour. But they cannot keep this speed up for more than a few hundred yards. Their **flexible** back and limb joints give them a long and rapid **stride**.

Cheetahs can stretch their legs out almost in line with the rest of their body. Each stride can be as long as 25 feet. When the cheetah runs, only one foot at a time touches the ground. There are points in its stride when the cheetah is fully stretched and then completely doubled up and no feet touch the ground.

A Cheetah's Stride



