

Empathy Charms



These empathy paper strips can be printed, cut out, and even laminated for a variety of fun activities that help young learners explore and talk about empathy. Here are a few ways to use the empathy paper strips:

As wearable charms:

Empathy charms are a fun way to explore feelings. Have children wear a charm and discuss feelings in pairs or small groups. Use the charms as a way to help students identify feelings and empathize with the person wearing the charm.

As a classroom display:

After the color-feeling associations have been introduced through an activity, these charms can also be fastened into a paper chain or poster and displayed in the classroom. Use your feelings display as a reference throughout the remainder of the year when talking about feelings during group discussions, in reference to characters' feelings during read-alouds, and more.



Step 1:

Pick a feeling, and then cut and hole punch empathy charm.



Step 2:

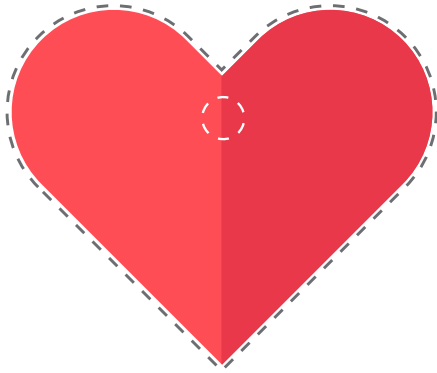
Thread through string to assemble bracelet or necklace.



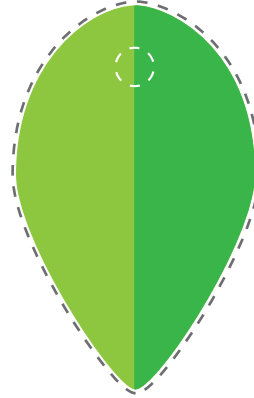
Step 3:

Wear and reflect with peers, and then assemble empathy chain.

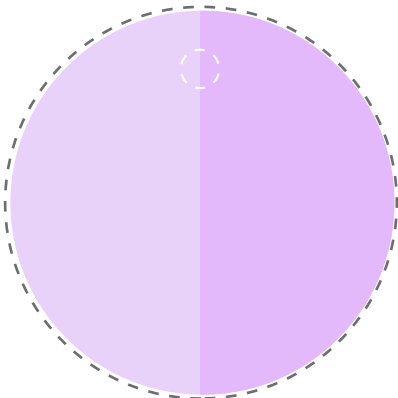
I'm Feeling Kind



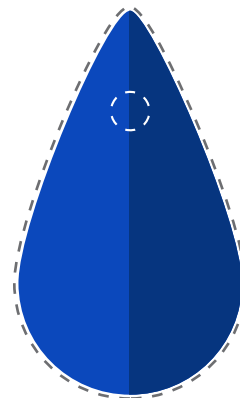
I'm Feeling Calm



I'm Feeling Shy



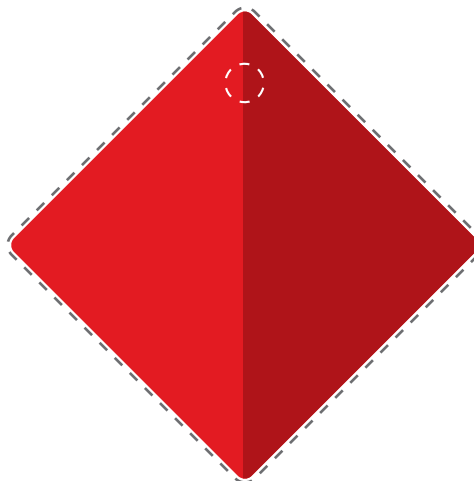
I'm Feeling Sad



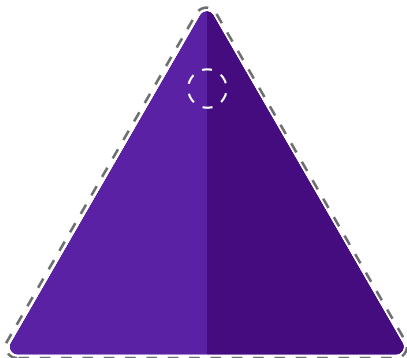
I'm Feeling Happy



I'm Feeling Strong



I'm Feeling Brave



I'm Feeling Afraid

