


staple here

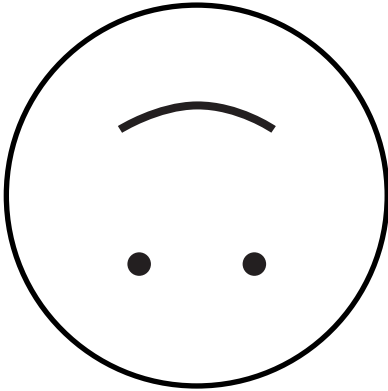
1

My Emotion



Remove gray section.

Remove gray section.



My Emotion

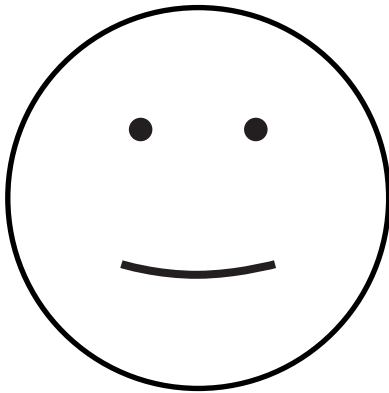
2

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staple here

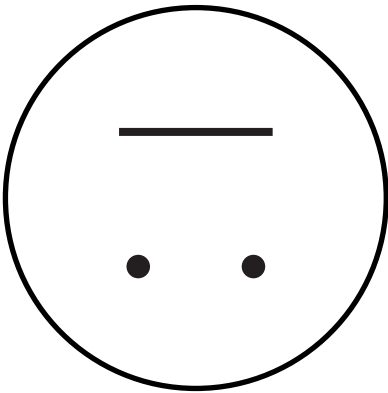
3

My Emotion



Remove gray section.

Remove gray section.



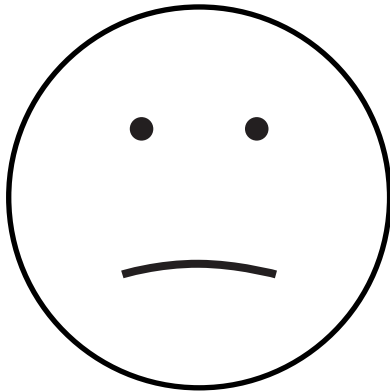
My Emotion

4

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5

My Emotion



Remove gray section.

Remove gray section.




My Emotion

6

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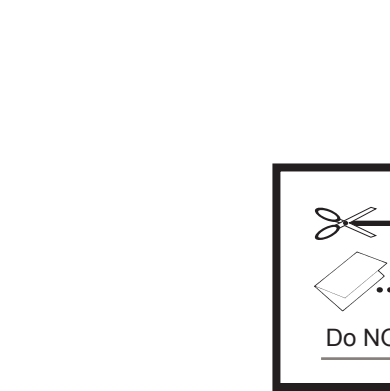
7

My Emotion



Remove gray section.


Remove gray section.




My Emotion


7


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 Cut on solid lines.

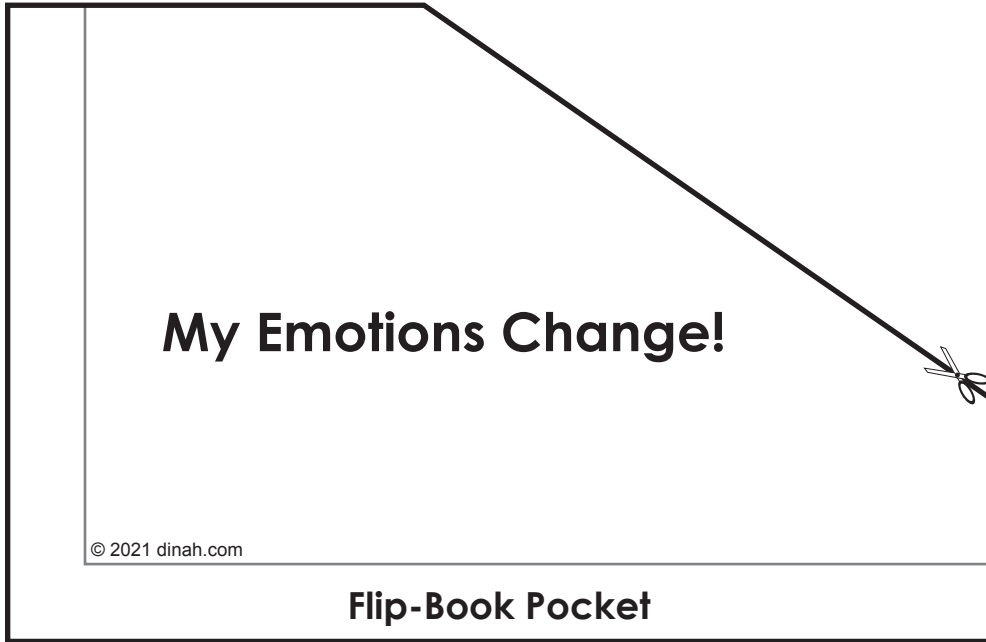
 Fold on dotted lines.

Do NOT fold or cut gray lines.

 Cut on solid lines.

 Fold on dotted lines.

Do NOT fold or cut gray lines.



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If I have positive
self esteem...

Me Trying Something Difficult

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A time I dealt with stress.

A time I set a goal.

A time I showed initiative.

A time I did a good deed.

Self-Management



Cut on solid lines.

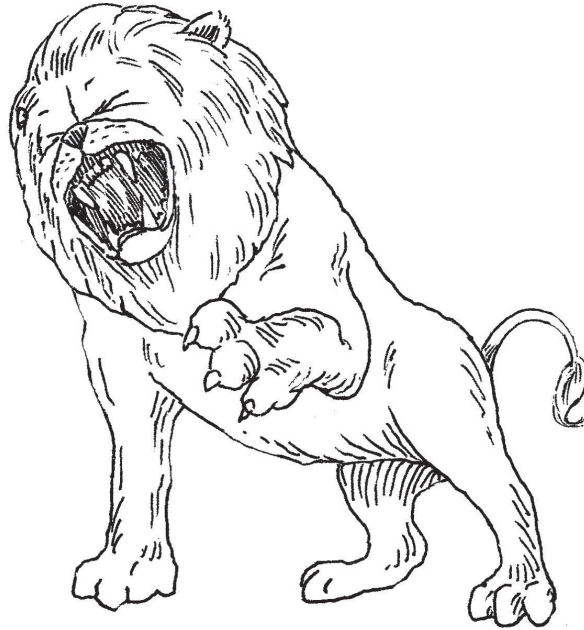


Fold on dotted lines.

Do NOT fold or cut gray lines.

I am courageous.

You can't spell
coUrage
without you!



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This is a really big problem...

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BIG

Social Awareness

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A moment when I showed empathy.

Social Awareness

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A moment when I was grateful.

Social Awareness


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
A moment when I accepted differences.

Social Awareness

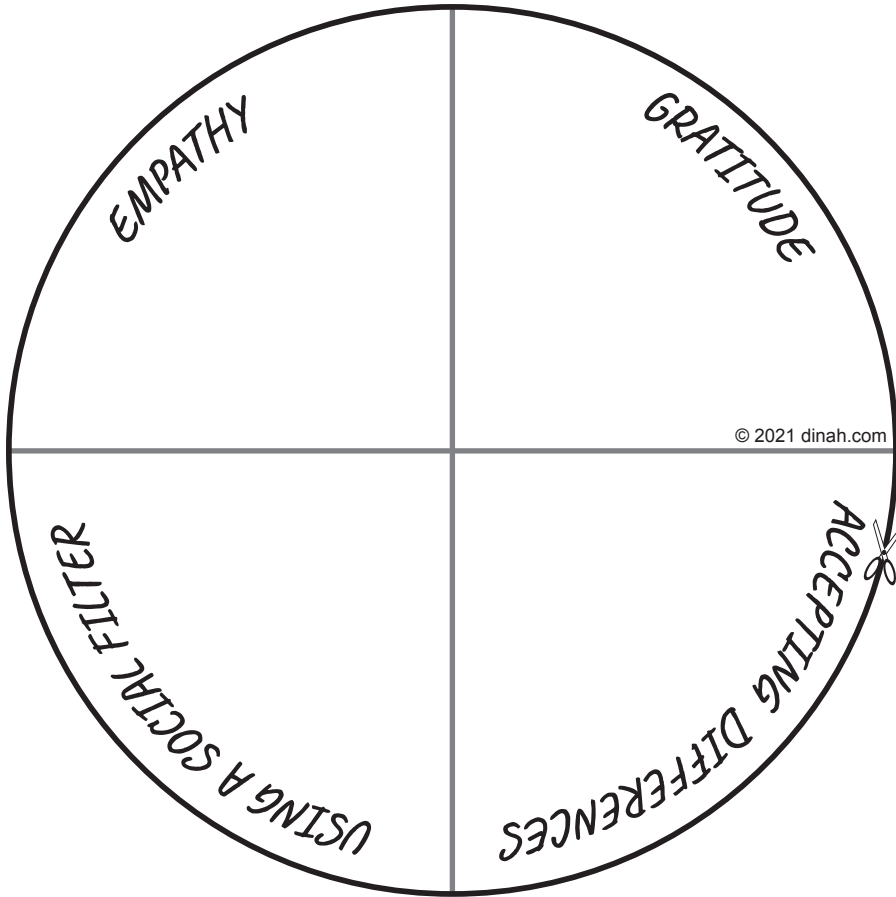
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A moment when I used my social filter.


 Cut on solid lines.


 Fold on dotted lines.

Do NOT fold or cut gray lines.

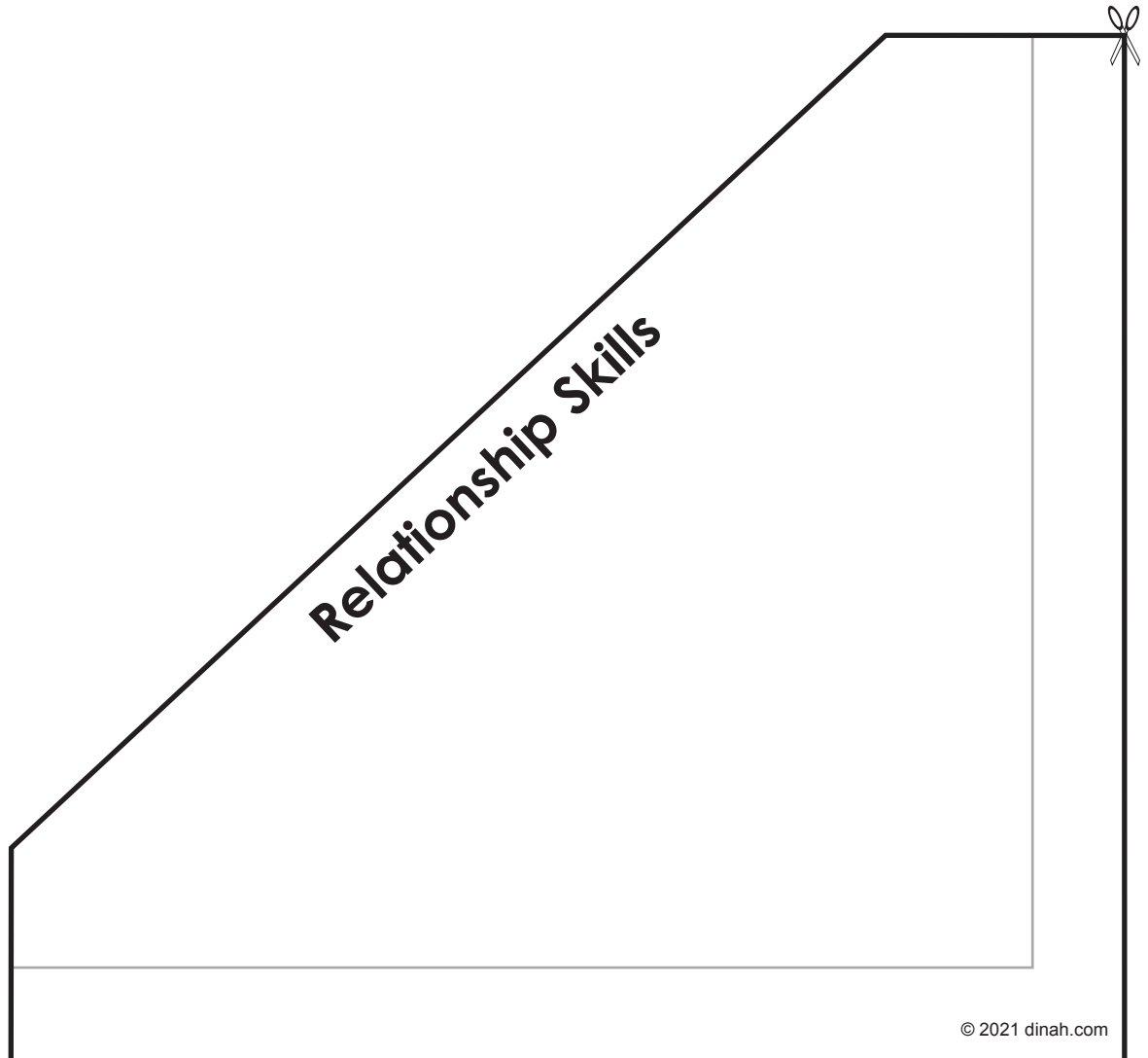


Turn the wheel to select one of the four social awareness topics. **DRAW** or **WRITE** about how you can incorporate the topic into your life in the future.

 Cut on solid lines.

 Fold on dotted lines.

Do NOT fold or cut gray lines.



A moment when I used positive body language.

Relationship Skills

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A moment when I trusted my feelings about friends.

Relationship Skills

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A moment when I dealt with conflict.

Relationship Skills

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A moment when I spoke assertively.


Relationship Skills

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 Cut on solid lines.

 Fold on dotted lines.

Do NOT fold or cut gray lines.




Someone I Admire
Draw a picture of someone who communicates assertively.


**Moments When I Need to
Communicate Assertively**

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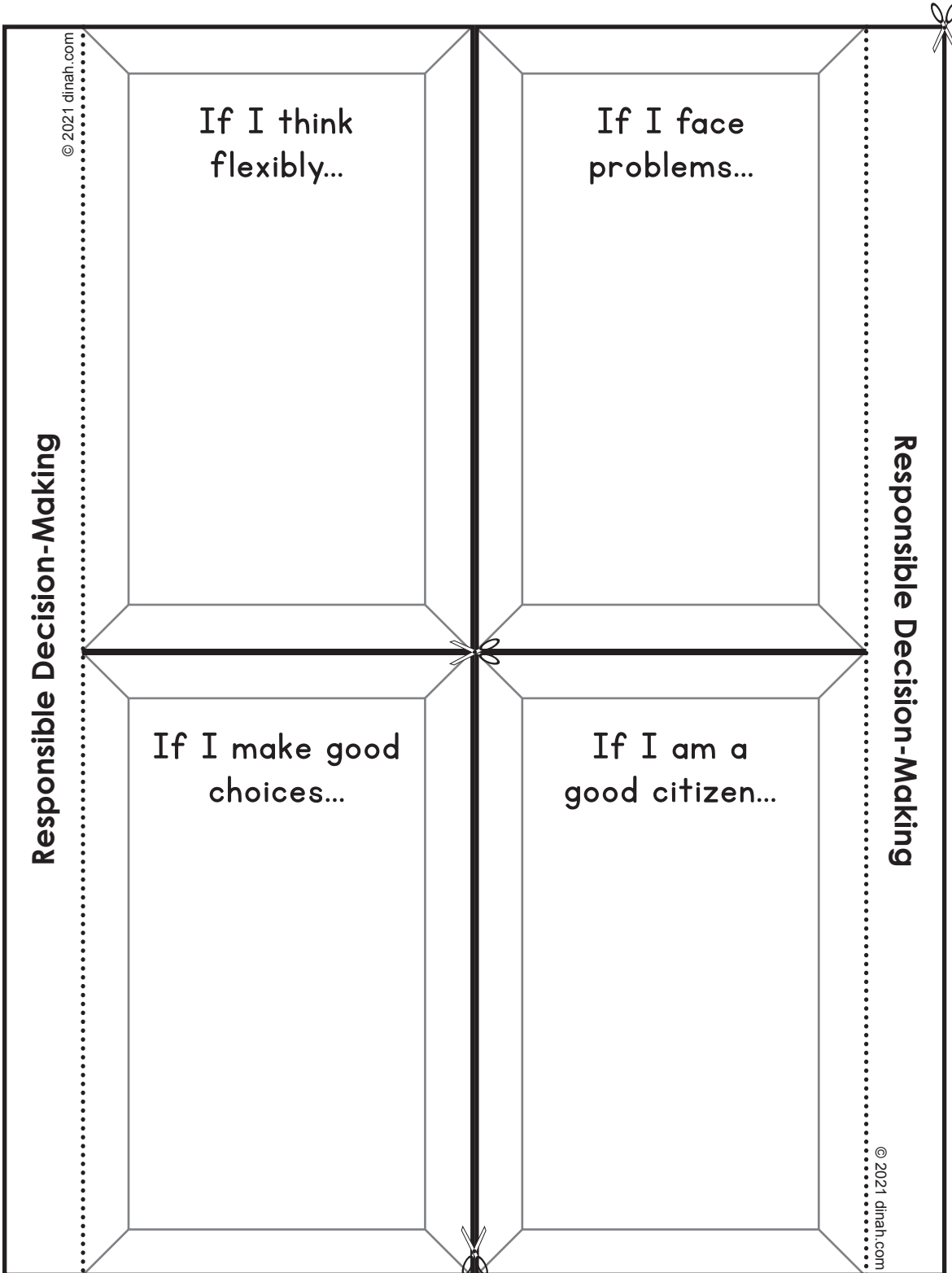


Responsible Decision-Making: Four-Door Foldable

 Cut on solid lines.

 Fold on dotted lines.

Do NOT fold or cut gray lines.



Responsible Decision-Making

Responsible Decision-Making

If I think flexibly...


If I face problems...


If I make good choices...

If I am a good citizen...

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 Cut on solid lines.

 Fold on dotted lines.

Do NOT fold or cut gray lines.

