
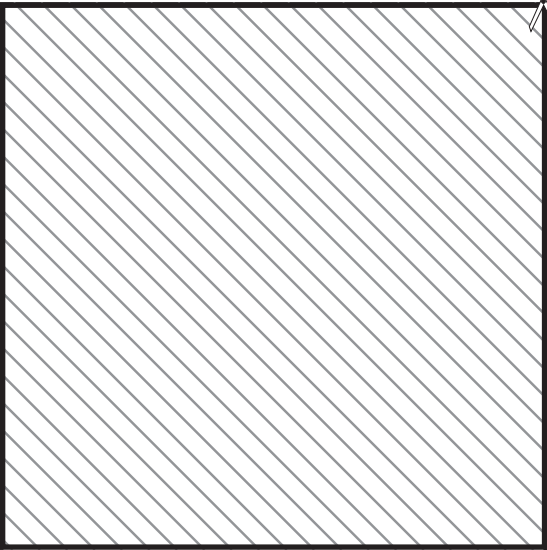
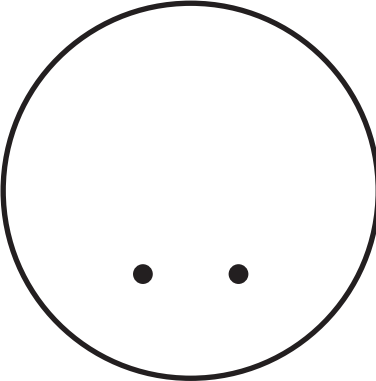
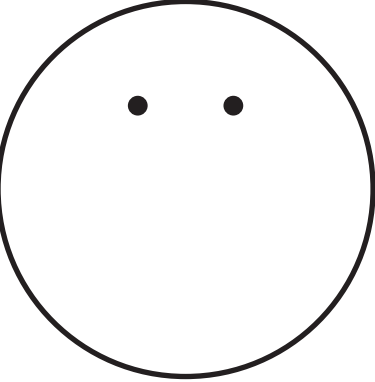
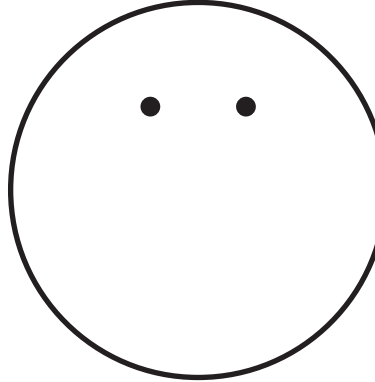
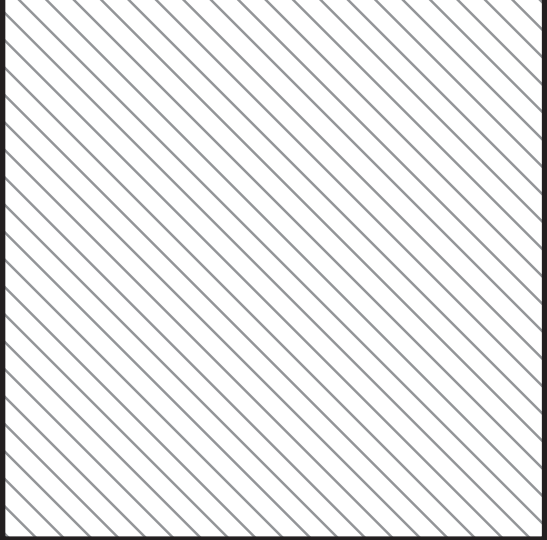
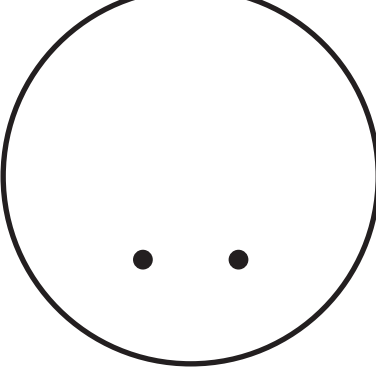
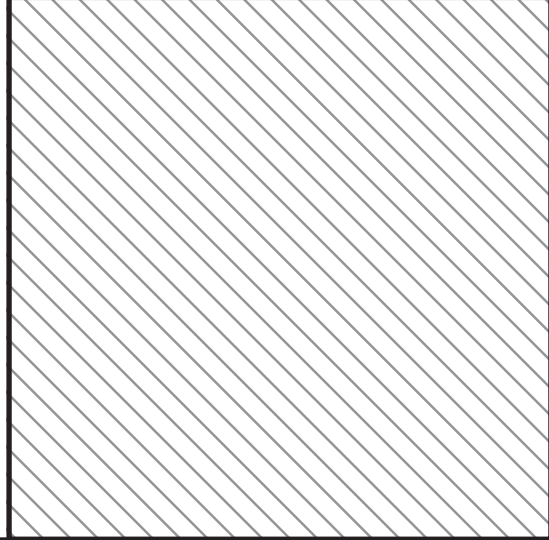

 Cut on solid lines.


 Fold on dotted lines.

Do NOT fold or cut gray lines.

	<p>at school.</p>  <p>Me</p>	<p>This is how I feel...</p>
<p>Me</p>  <p>at bedtime.</p>	<p>After folding, glue this side to page.</p>	<p>Me</p>  <p>in the morning.</p>
	<p>on the playground.</p>  <p>Me</p>	

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 Cut on solid lines.

 Fold on dotted lines.

Do NOT fold or cut gray lines.

**My Moments**

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**My  
Feelings**


**My  
Actions**


I show self-control by...

I have the courage to...


I set goals that...

**Self-Management**

 Cut on solid lines.


 Fold on dotted lines.

Do NOT fold or cut gray lines.

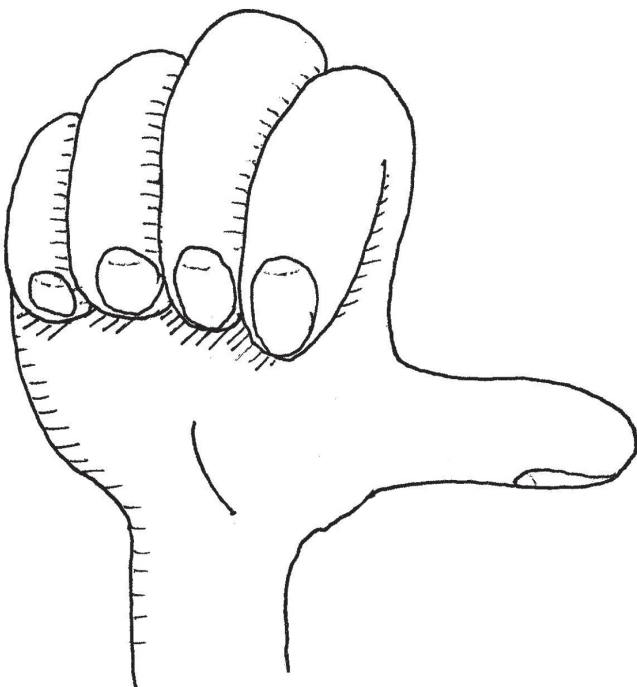



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**Pocket Strip**




**No**



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**Yes**




showing gratitude


showing empathy

Glue this side to page.

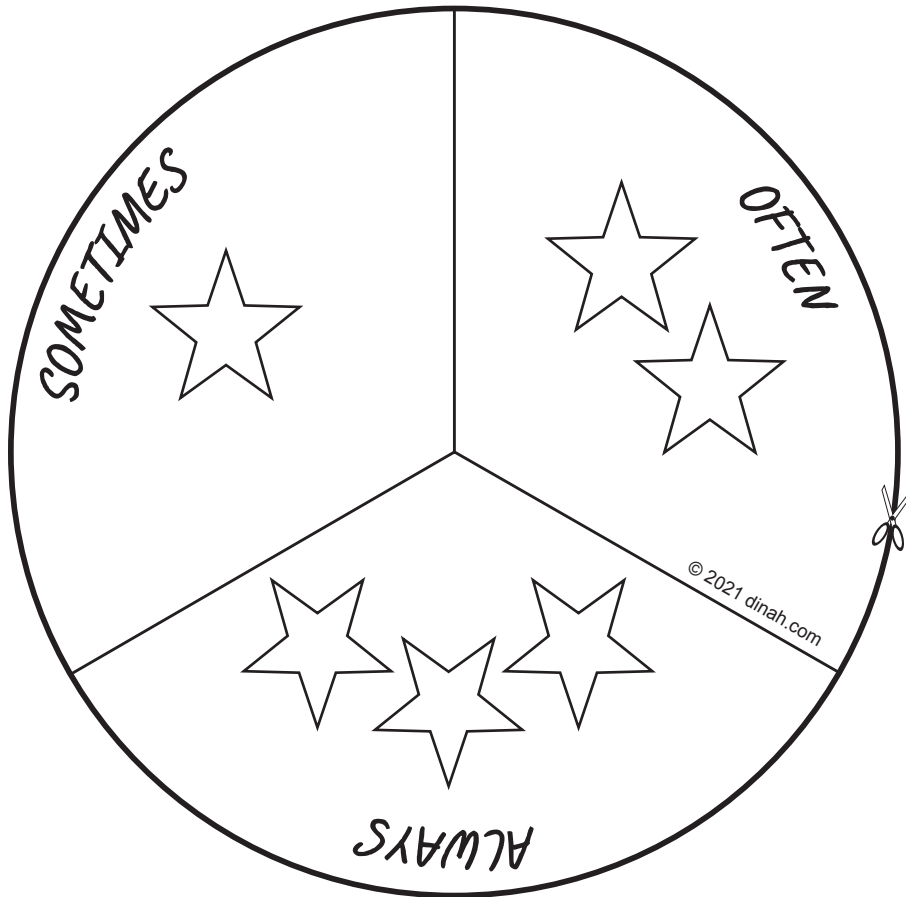
showing kindness

following rules

 Cut on solid lines.

 Fold on dotted lines.

Do NOT fold or cut gray lines.





Turn the wheel to answer the questions. Come back to see if your answers change, they may over time.

How often do you do the following:

- I respect other's differences.
- I show thanks at school and at home.
- I follow rules at school and at home.
- I listen and try to understand others.



 Cut on solid lines.

 Fold on dotted lines.

Do NOT fold or cut gray lines.

**3**  
**I use positive body language.**


**2**  
**I am a good friend.**

**1**  
**I can deal with conflict.**

**4**  
**I am a good leader.**

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After folding, glue this side to page.





Cut on solid lines.



Fold on dotted lines.

Do NOT fold or cut gray lines.



**This is a picture of a conflict or  
disagreement.**

**This is what I can do to  
calm down.**





**If** I can think flexibly, **then** I can handle change.  
**DRAW** or **WRITE** about how you think flexibly.

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**If** I make good choices, **then** I will be safer, healthier, and happier.  
**DRAW** or **WRITE** about how you make good choices.

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**If** I am responsible, **then** others can trust and depend on me.  
**DRAW** or **WRITE** about how you are responsible.

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If I have problems, then I can figure out how to solve them.  
DRAW or WRITE about how you solve problems.

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# Responsible Decision-Making

## Moments

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### Pocket Strip



Cut on solid lines.



Fold on dotted lines.

Do NOT fold or cut gray lines.



**Good Choices,  
Good Consequences**

**Choices That Keep Me Safe**

**Choices That Keep Me Healthy**

**Choices That Keep Me Happy**