### **2**017 Health Education Review

## Health Education Evaluation Tool – Grades 3-5

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Author:	Meeks, Heit
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## Instructions

# **Publishing Company:**

• Complete the course evaluation form below. Please provide written explanation as to how the material meets the standard along with location references.

### **Review Team Member:**

- Please use information and attachments to complete the course evaluation form.
- Explain any discrepancies between your findings and those provided information. Explanations and comments should directly reflect the rubric.
- Further explain any findings.

#### Standards Alignment Evaluation Rubric

- 0 = No Alignment Not Evident: content as described in the Standards is not evident.
- .5 = Partial Alignment Partially Evident: content as described in the Standards is partially evident and there are few gaps.
- 1 = <u>High Alignment</u> **Clearly Evident**: content is fully aligned as described in the Standards and repeatedly included to guarantee extensive opportunities for students to work with the content. Alignment is **clearly evident**.
- N/A = Not applicable for standard.

Idaho Content Standards: Health Education- Grades 3-5

# Standard 1: Comprehend Core Concepts

# Core Concepts of Health Education for Grades 3-5 are defined below:

## Alcohol, Tobacco & Other Drugs

The use of alcohol, tobacco, and other drugs has major implications in the lifelong health of individuals. Instruction includes the effects, influences, environmental exposure, prevention and treatment of the use of alcohol, tobacco products, and other types of drugs on the body and mind.

## Nutrition & Physical Activity

To learn and to achieve their fullest potential, children need to be well nourished and physically active. In order to enhance physical, mental, emotional, and social wellness, students will acquire the knowledge and skills to make healthy food choices and engage in lifelong physical activity.

## Injury Prevention & Safety

Unintentional and intentional injuries rank among the greatest threats to the health of youth. Instruction includes prevention through safe living skills and choices, violence prevention, emergency response and preparedness. Understanding of the consequences of one's decisions will help to prevent many injuries.

## Mental, Emotional & Social Health

Mental, emotional, and social health are foundations for building wellness. Instruction includes a positive sense of self-image and self-esteem, recognizing emotions and socially appropriate responses to self and others.

#### Prevention & Control of Disease

Individuals have a considerable measure of control over their own health and the likelihood of contracting most illnesses. Health-related choices and decisions regarding prevention of communicable and non-communicable diseases can include recognizing risk factors, and identifying methods of contraction and transmission to include universal precautions. Information should be factual, medically accurate, and objective.

## Consumer & Community Health

Youth need to understand how health care services are provided as well as how individuals can take an active role in determining the use of health related services and products. Community health includes providing valid and appropriate health information, education, services, and products.

## Growth, Development & Family Life

A healthy family is vital to the well-being and successful development of children and youth. Instruction includes the stages of life, changes that occur during puberty, and changes in relationships with others that accompany social development healthy relationships, and information regarding growth and development. Information should be factual, medically accurate, and objective.

#### **Environmental Health**

Students need to be aware of the impact of environmental issues, hazards on personal health and the impact humans have on the environment. Instruction includes precautions and behaviors to safeguard personal health and practices that will reverse or slow down environmental pollution and related problems.

<u>Goal</u>	Objective- The students will:	List units with specific examples of where standards are Introduced/Taught/Assessed. Include a narrative explanation.	Point Value 0/.5/1 (Reviewer)
Goal 1.1: Students will comprehend core concepts related to health promotion and disease prevention to enhance health including: Alcohol, Tobacco and Other Drugs; Nutrition and Physical Activity, Injury Prevention and Safety; Mental, Emotional, and Social Health; Prevention and Control of Disease; Consumer and Community Health; Growth, Development and Family Life; and	3-5.H.1.1.1. Describe the relationship between healthy behaviors and personal health.	Grade 3:C1/pps.A4-40, C2/pps.A44-A58, A72, C4/pps.B38-B50, B62-B64, C5/pps.C24-C38, C6/pps.C42-C67, C7/pps.D2-D31, C8/pps.D32-D51, D53-D56  Grade 4: C1/pps.A2-A41, C2/pps.A42-A80, C3/pps.C4/B36-B72, C5/pps.C2-C43, C6/C44-C88, C7/pps.D3-D35, C8/pps.D37-D72, C9/pps.E3-E23  Grade 5:C1/pps.A4-A43, C2/pps.A46-A87, C3/pps.B7-B19, B24-B25, B30-B33, C4/pps.B42-B63, C5/pps.C4-C39, C6/pps.C42-C79, C7/pps.D6-D9, D14-D15, D25-D37, D39, D40-D41, C8/pps.D49, D54-D59, D64-D65, D68-D71, D76-D79, C9/pps.E6-E17, E20-E21, C10/pps.E37-E39, E45, E52-E55  The page numbers listed for Grades 3-5 contain information on how healthy behaviors, such as choosing healthful foods, getting regular exercise, using stress management techniques, avoiding the use of tobacco, alcohol, and other drugs, making healthful decisions, and practicing safe behaviors affect personal health.	Choose an item.
Environmental Health.	3-5.H.1.1.2 Identify examples of emotional, intellectual, physical, and social health.	Grade 3:C1/pps.A2-A40, C2/pps.A44-A58, A60-A72, C3/pps.B4-B34, C5/pps.C2-C38, C9/pps.E4-E9, E14-E20, C10/pps.E30-E40  Grade 4: : C1/pps.A2-A41, C2/pps.A42-A80, C3/pps.C4/B36-B72, C5/pps.C2-C43, C6/C44-C88, C7/pps.D3-D35, C8/pps.D37-D72, C9/pps.E3-E23  Grade 5: Grade 5:C1/pps.A4-A43, C2/pps.A46-A87, C3/pps.B7-B19, B24-B25, B30-B33, C4/pps.B42-B63, C5/pps.C4-C39, C6/pps.C42-C79, C7/pps.D6-D9, D14-D15, D25-D37, D39, D40-D41, C8/pps.D49, D54-D59, D64-D65, D68-D71, D76-D79, C9/pps.E6-E17, E20-E21, C10/pps.E37-E39, E45, E52-E55  The page numbers listed for Grades 3-5 contain information on how emotions, feelings, physical activities, and relationships at home and at school can affect health and health decisions.	Choose an item.

3-5.H.1.1.3 Describe ways in which a safe and healthy school and community environment can promote personal health.	Grade 3: C5/pps.C31-C35, C6/pps.C48-C80, C9/pps.E4-E9, E14-E20, C10/pps.E30-E40  Grade 4: C2/ppsA68-A79, C4/pps.C36-39, C5/pps.CC20-C33, C36-C39, C8/pps.D42-D43, C9/pps. E8-E23, C10/pps.E26-E48  Grade 5:C5/pps.C18-C21, C30-C35, C38-C39, C6/pps.C46-C67, C72-C79,C7/pps.D20-D23, C9/pps.E10-E11, E16-E21, E28-E29, C19/pps.E32-E49, E52-E55  The page numbers listed for Grades 3-5 contain information on how school and community can be safe environments and provide activities, guidance, and information that promote health.	Choose an item.
3-5.H.1.1.4 Describe ways to prevent common childhood injuries and health problems (e.g., second hand smoke/vapors from vaping).	Grade 3:C5/pps.C4-C39, C6/pps.C40-C80, C7/pps. D10-D30, C8/pps.D34, D51, D53-D56  Grade 4: C3/pps.B9-B19, C4/pps.B62-B72, C5/pps.C4-C43, C6/pps.C45-C73, C7/pps.D3-D35, C8/pps.D36—D72  Grade 5:C1/pps.A28-A33, A40-A43, C2/pps.A60-A63, A78-A87, C3/pps.B7, B9, B11, B13, B15, B17, B19, C4/pps. B42-B63, C5/pps.C4-C5, C7, C11, C12, C14-C15,C30-C39, C6/pps.C42-C79, C7/pps.D14-D15, D20-D23, D31-D37, D40-D41, C8/pps.D54-D55, D74-D75, C9/pps.E8-E9  The page numbers listed for Grades 3-5 contain information on how to prevent injuries at home, at school, during play and sport/exercise practice, while traveling by car, bus, bike: This includes falls, cuts, burns, sport injuries, traffic /road accidents.	Choose an item.
3-5.H.1.1.5. Describe when it is important to seek health	Grade 3:C1/pps.A37, A38, C5/pps.C2-C13, C16, C38. C6/pps.C38-C79, C7/pps.D29, C8/pps.D39, D42, D43, D54, D55	Choose an item.

	<u>3-5.H.1.1.6.</u> Describe the impact of health behaviors on	Grade 4: C5/pps.C4-C15, C6/pps.C74-C87, C8/pps.D37-D72, C9/pps.E18-E23  Grade 5:C2/pps.A62-A63, C3/p.B8, C5/pps.C4-C5, C10-C15, C24, C33, C6/pps.C5-C55, C78-C79, C7/pps.D5, D33-D35, C8/pps.D63, D73-D74  The page numbers listed for Grades 3-5 contain information on the importance of establishing health care routines, such as check-ups, doctor visits when ill or to prevent communicable diseases, obtaining emergency assistance and first-aid.  Grade 3: C1/pps.A5-A41, C3/pps.B4-B35, C4/pps.36-B64, C5/pps.C2-C39, C7/pps.D2-D33, C8/pps.D34-D55, C9/pps.E4-E8,C10/pps.E26-E29	
	body systems.	Grade 4: C3/ppsB3-B35, C5/C3-C43, C7/D4-D35, C8/D37-D72  Grade 5: Grade 5:C1/pps.A28-A33, A40-A43, C2/pps.A60-A63, A78-A87, C3/pps.B7, B9, B11, B13, B15, B17, B19, C4/pps. B42-B63, C5/pps.C4-C5, C7, C11, C12, C14-C15,C30-C39, C6/pps.C42-C79, C7/pps.D14-D15, D20-D23, D31-D37, D40-D41, C8/pps.D54-D55, D74-D75, C9/pps.E8-E9  The page numbers listed for Grades 3-5 contain information on how to maintain proper hygiene, nutrition, take safety precaution to avoid injuries. The information describes how healthful nutrition, regular exercise and health care, and safety precautions ensure healthy body and mind development.	Choose an item.
Standard 2: Analyzing I	nfluences		
Goal	Objective- The students will:	List units with specific examples of where standards are Introduced/Taught/Assessed. Include a narrative explanation.	Point Value 0/.5/1 (Reviewer)
Goal 2.1: Students will analyze the influence of family, peers, culture,	3-5.H.2.1.1 Describe how the family influences personal health practices and behaviors.	Grade 3:C2/A58-A63, C4/pps.B50-B57, C6/ppsC44-C47,C66-C67, C7/pps.D6, C9/E4-E9, E11	Choose an item.

media, technology, and other factors on health behavior.		Grade 4: C1/pps/A18-A19, A38-A39, C2/pps.A43-A67, C4/pps.B60-B61  Grade 5:C2/pps.A44-A73, A86-A87, C3/p.B27, C4/p.B43, C9/pps.E8-E9  The page numbers listed for Grades 3-5 contain information on the role played by family members, family life, relationships with friends in physical and emotional development and health. The information includes steps for decision-making, saying no thinking critically about ads and internet content.	
	3-5.H.2.1.2 Identify the influences of culture on health practices and behaviors.	Grade 3: C4/p.B51, C7/p.D19, C9/pps. E7-E8  Grade 4: C4/pps.B34-B35  Grade 5:C4/B43  The page numbers listed for Grades 3-5 contain information on how culture(s) can influence health choices (for example, food choice).	Choose an item.
	unhealthy behaviors.	Grade 3:C1/p.A32, C2/pps.A44-A57, A65-A68, C3/pps.B32-B33, C7/pps.D20, D22-D32, C8/pps.D44-D45, D53, D56, C9/p.E15  Grade 4: C1/pps.A16-A41, C2/pps.A68-A80, C5/pps.C20-C43, C6/pps.C70-C73, C7/pps.D10-D35, C9/pps.E11-E15  Grade 5:C1/pps/A4-A5, A30-A33, A40-A43, C2/pps.A74-A87, C4/p.B443, C6/pps.C68-C69, C72-C73, C7/pps.D31, D36-D37  The page numbers listed for Grades 3-5 contain information on how peers can partake and reinforce positive behaviors and goals, or on the other hand can be the source of negative, sometimes dangerous, influences. Content provides information on peer pressure, bullying, etc and how to resist negative influences.	Choose an item.

	3-5.H.2.1.4 Describe how the school and community can support personal health practices and behaviors.	Grade 3: C1/p.A37, C5/p.C11, C9/p.E11  Grade 4: C2/pps.A68-A79, C5/pps.C20-C29, C6/pps.C46-C53, C58-C59,C66-73, CC86-C87, C7/pps.D30-D31, C9/pps.E16-E23, C10/pps.E26-E48  Grade 5: C5/pps.C18-C21, C30-C35, C38-C39, C6/pps.C46-C67, C72-C79,C7/pps.D20-D23, C9/pps.E10-E11, E16-E21, E28-E29, C19/pps.E32-E49, E52-E55  The page numbers listed for Grades 3-5 contain information on how teachers and school personnel, community members (health helpers) influence positive physical and emotional development. This includes steps on how to ask for help or information in health-related situations or decision-making.	Choose an item.
Standard 3: Accessing I	nformation		
Goal	Objective- The students will:	List units with specific examples of where standards are Introduced/Taught/Assessed. Include a narrative explanation.	Point Value 0/.5/1 (Reviewer)
demonstrate the ability to access valid information	3-5.H.3.1.1 Identify characteristics of valid health information, products, and services.	Grade 3:CC1/pps.A37-A38, C4/pps.B-40-B43, B52-B53, C7/pps.D13,D19, D21, D25-26, C9/pps.E6-E9  Grade 4: C4/pps.B44-B53, B60-B61, B68-B72, C5/pps.C17, C19, C40-C43, C7/pps.D5-D9, C9/pps.E3-E23  Grade 5:C1/p.A11, C4/pps.B38-B39, B41, B46-B47, B58, B60,C5/pps.C4-C5, C36-C39, C6/pps.C54-C55, C59, C7/pps.D6-D7, D34-D35, D38, C8/p.D55, C9/pps.E4-E11, E13, E18-E19  The page numbers listed for Grades 3-5 contain information on how to locate and evaluate health information (about health products or services such as food products, grooming products, health information sources and resources.	Choose an item.

	3-5.H.3.1.2 Locate resources from home, school, and community that provide valid health information.	Grade 3:C1/A37-A38, C4/pps.B40-B41, B44-B58, C5/pps.C4-C5, C6/pps.C70-C71, C7/pps.D6-D9, D13, D19, C9/pps.E6-E7  Grade 4: Grade 4: C4/pps.B44-B53, B60-B61, B68-B72, C5/pps.C17, C19, C40-C43, C7/pps.D5-D9, C9/pps.E3-E23  Grade 5: C5/pps.C18-C21, C30-C35, C38-C39, C6/pps.C46-C67, C72-C79,C7/pps.D20-D23, C9/pps.E10-E11, E16-E21, E28-E29, C19/pps.E32-E49, E52-E55  The page numbers listed for Grades 3-5 contain information on what health –realted resources are available through school and community environments.	Choose an item.
Standard 4: Interperson	al Communication		
<u>Goal</u>	Objective- The students will:	List units with specific examples of where standards are Introduced/Taught/Assessed. Include a narrative explanation.	Point Value 0/.5/1 (Reviewer)
demonstrate the ability to use interpersonal		Grade 3: C1/pps.A28-A33, A25-A27, C2/pps.A44-A57, C3/pps.B32-B33, C9/pps.E18-E19, C10/pps.E36-37, E40  Grade 4: C1/pps.A26-A41, C2/pps.A44-A59, A78-A80, C3/pps.B30-B35, C5/pps.C36-C43, C6/pps.C60-C61, C64-C73, C76-C79, C86-C88, C7/pps.D14-D15, D20, D22-D23, D29, D34-D35, C8/p.D72  Grade 5:C1/pps.A24, A32-A33, A39, C2/pps.A48-A49, A51-A57, A60-A61, A75, A77, A79, A81-A83, C6/pps.C49, C68-C69, C72-C73, C76-C77, C7/pps.D14, D22-D23, D35-D37, D39, C9/pps.E14-E15  The page numbers listed for Grades 3-5 contain information different styles of verbal and nonverbal communication skills (for example refusal skills, nonverbal cues to demonstrate respect, communication skills to request or share information).	Choose an item.

r	refusal skills that avoid or reduce health risks.	Grade 3: C1/pps. A29-A33, C2/p.A46, A54-55, C6/pps.61-C63, C7/pps.D20, D22-23, D28  Grade 4: C1/pps.A18-19, C2/pps.A52-A57, A70-A71, A76-A79, C3/pps.B32-B33, C4/pps.B53, C6/pps.C64-C73, C86-C87, C7/pps.D15, D22-D23, D29, D30-D35  Grade 5:C1/pps.A31-A33, C2/pps.A80-A81, A84-A87, C4/p.B47, C6/pps.C49, C-76-77, C7/pps.D14, D21, D36-D37, D39  The page numbers listed for Grades 3-5 contain information on refusal skills and strategies to avoid risks involving drugs, strangers, unwanted touch, violence, gangs, peer pressure.	Choose an item.
r	nonviolent strategies to manage or resolve conflict.	Grade 3:CC1/pps.A18-A19, A25, C2/pps.A46, A50-A57, C5/ppsC35-C37, C39, C7/pps.D14-15  Grade 4: C1/pps.A18-19, C2/pps.A52-A57, A70-A71, A76-A79, C3/pps.B32-B33, C4/pps.B53, C6/pps.C64-C73, C86-C87, C7/pps.D15, D22-D23, D29, D30-D35  Grade 5:C1/pps.A30-A31, C2/pps.A58-A63, A73, A81, C6/pps.C68-C69, A73-A81  The page numbers listed for Grades 3-5 contain information on how to avoid and deflect conflicts (fr example, with peers) and how to communicate and behave (verbal and nonverbal communication) to resolve conflicts without violence or aggression.	Choose an item.
r	now to ask for assistance to enhance personal health.	Grade 3:C1/p.A37, C23/ppsB32-B33, c5/p.C16, C6/pps.C46, C73, C7/pps.D14, D18, D28, C9/pps.E13,E18-E19  Grade 4: C1/pps.A A24-A25, 44-A47, C2/pps.A46, A54, A70, A75, C6/pps.C51, C64, C76-C77, C7/pps.D15, D23, D29, C8/p. D53, C9/pps.E18-E23	Choose an item.

		Grade 5: Grade 5: C5/pps.C18-C21, C30-C35, C38-C39, C6/pps.C46-C67, C72-C79,C7/pps.D20-D23, C9/pps.E10-E11, E16-E21, E28-E29, C19/pps.E32-E49, E52-E55  The page numbers listed for Grades 3-5 contain information on how to ask a teacher, counselor, parent, or other health helper for assistance, guidance, and for information.	
Standard 5: Decision Ma	aking		Doint Value
<u>Goal</u>	Objective- The students will:	List units with specific examples of where standards are Introduced/Taught/Assessed. Include a narrative explanation.	Point Value 0/.5/1 (Reviewer)
demonstrate the ability to		Grade 3: C1/ppsA28-A33, C2/pps.54-A57, A68-A71, C4/pps.B44-B57, B62-B64, C5/pps.C7-C18, C23, C31, C37, C42-C80, C7/pps.D8-D31, C8/pps.D36-D45, D47-D51, D53-D56, C9/pps.E4-E9, E16-E21, E32-E39  Grade 4: C1/pps.A16-A25, A34-A41, C3/pps.B32-B33, C4/pps.B44-B61, B66-B71, C5/pps.C17, C19, C21. C40-41, C7/D9, C8/D43, C9/E7-E15, E22-E23  Grade 5:C1/pps.A7, A28-A31, A40-A43, C2/pps.A80-A85, C3/p.B25, C4/pps.B43, B46-B47, B57, B60, C5/pps.C14, C25, C36-C27, C6/p.C65, C7/p.D9, C8/p.D59, C9/pps.E4-E13, C10/p.E43  The page numbers listed for Grades 3-5 contain information on decision-making in situations such as peer pressure, how to assess health information, how to choose a health-related product or service, whether to follow unsafe peer equests or behaviors.	Choose an item.
	3-5.H.5.1.2 Analyze when assistance is needed when making a health-related decision.	Grade 3: C1/ppsA28-A33, C2/pps.54-A57, A68-A71, C4/pps.B44-B57, B62-B64, C5/pps.C4, C7-C18, C23, C31, C37, C42-C80, C7/pps.D8-D31, C8/pps.D36-D45, D47-D51, D53-D56, C9/E4-E9, E16-E21, E32-E39  Grade 4: Grade 4: C1/pps.A A24-A25, 44-A47, C2/pps.A46, A54, A70, A75, C6/pps.C51, C64, C76-C77, C7/pps.D15, D23, D29, C8/p. D53, C9/pps.E18-E23	Choose an item.

	Grade 5: Grade 5:C1/pps.A7, A28-A31, A40-A43, C2/pps.A80-A85, C3/p.B25, C4/pps.B43, B46-B47, B57, B60, C5/pps.C14, C25, C36-C27, C6/p.C65, C7/p.D9, C8/p.D59, C9/pps.E4-E13, C10/p.E43  The page numbers listed for Grades 3-5 contain information on when and how to ask for help, locate reliable help (for example, asking questions during a medical check-up, asking a teacher or a parent to review a health decision or goal.	
3-5.H.5.1.3 List healthy options to health related issues or problems.	Grade 3: C1/ppsA28-A33, C2/pps.54-A57, A68-A71, C4/pps.B44-B57, B62-B64, C5/pps.C7-C18, C23, C31, C37, C42-C80, C7/pps.D8-D31, C8/pps.D36-D45, D47-D51, D53-D56, C9/pps.E4-E9, E16-E21, E32-E39  Grade 4: C1/pps.A26-A41, C2/pps.A50-A79, C4/pps.B66-B71, C5/pps.C20-C43,C7/pps.D4-D35, C8/pps.D42-D71, C9/pps.E9, E11-E12, E18-E23, C10/pps.E34-E47  Grade 5: Grade 5:C1/pps.A7, A28-A31, A40-A43, C2/pps.A80-A85, C3/p.B25, C4/pps.B43, B46-B47, B57, B60, C5/pps.C14, C25, C36-C27, C6/p.C65, C7/p.D9, C8/p.D59, C9/pps.E4-E13, C10/p.E43  The page numbers listed for Grades 3-5 contain information on common healh problems or issues and options (related to life style changes) to improve health or avoid health issues.	Choose an item.
3-5.H.5.1.4 Predict the potential outcomes of each option when making a health-related decision.	Grade 3: C1/ppsA28-A33, C2/pps.54-A57, A68-A71, C4/pps.B44-B57, B62-B64, C5/pps.C7-C18, C23, C31, C37, C42-C80, C7/pps.D8-D31, C8/pps.D36-D45, D47-D51, D53-D56, C9/pps.E4-E9, E16-E21, E32-E39  Grade 4: Grade 4: C1/pps.A16-A25, A34-A41, C3/pps.B32-B33, C4/pps.B44-B61, B66-B71, C5/pps.C17, C19, C21. C40-41, C7/D9, C8/D43, C9/pps.E7-E15, E22-E23	Choose an item.

	Grade 5: Grade 5:C1/pps.A7, A28-A31, A40-A43, C2/pps.A80-A85, C3/p.B25, C4/pps.B43, B46-B47, B57, B60, C5/pps.C14, C25, C36-C27, C6/p.C65, C7/p.D9, C8/p.D59, C9/pps.E4-E13, C10/p.E43  The page numbers listed for Grades 3-5 contain information on the results of a positive health-related decision (for example, decide on a physical activity plan with an expected outcome of improved strength, flexibility, and cardio-vascular health).	
3-5.H.5.1.5 Choose a healthy option when making a decision.	Grade 3: C1/ppsA28-A33, C2/pps.54-A57, A68-A71, C4/pps.B44-B57, B62-B64, C5/pps.C7-C18, C23, C31, C37, C42-C80, C7/pps.D8-D31, C8/pps.D36-D45, D47-D51, D53-D56,  Grade 4: Grade 4: C1/pps.A16-A25, A34-A41, C3/pps.B32-B33, C4/pps.B44-B61, B66-B71, C5/pps.C17, C19, C21. C40-41, C7/D9, C8/D43, C9/pps.E7-E23, E32-E39  Grade 5: Grade 5:C1/pps.A7, A28-A31, A40-A43, C2/pps.A80-A85, C3/p.B25, C4/pps.B43, B46-B47, B57, B60, C5/pps.C14, C25, C36-C27, C6/p.C65, C7/p.D9, C8/p.D59, C9/pps.E4-E13, C10/p.E43  The page numbers listed for Grades 3-5 contain information on the process of making a health-related decision (for example, deciding to eat nutritious food for maximum health and energy).	Choose an item.
3-5.H.5.1.6 Describe the outcomes of a health related decision.	Grade 3: C1/ppsA28-A33, C2/pps.54-A57, A68-A71, C4/pps.B44-B57, B62-B64, C5/pps.C7-C18, C23, C31, C37, C42-C80, C7/pps.D8-D31, C8/pps.D36-D45, D47-D51, D53-D56, C9/E4-E9, E16-E21, E32-E39  Grade 4: Grade 4: Grade 4: C1/pps.A16-A25, A34-A41, C3/pps.B32-B33, C4/pps.B44-B61, B66-B71, C5/pps.C17, C19, C21. C40-41, C7/D9, C8/D43, C9/E7-E23, E32-E39 Click here to enter text.	Choose an item.

	Grade 5: Grade 5:C1/pps.A7, A28-A31, A40-A43, C2/pps.A80-A85, C3/p.B25, C4/pps.B43, B46-B47, B57, B60, C5/pps.C14, C25, C36-C27, C6/p.C65, C7/p.D9, C8/p.D59, C9/pps.E4-E13, C10/p.E43	
	The page numbers listed for Grades 3-5 contain information on how to assess the results of a health-related decision (for example, making the decision to say no to drugs, or making the decision to embark on a physical activity plan/routine).	

Standard 6: Goal Setting			
<u>Goal</u>	Objective- The students will:	List units with specific examples of where standards are Introduced/Taught/Assessed. Include a narrative explanation.	Point Value 0/.5/1 (Reviewer)
demonstrate the ability to use goal-setting skills to	3-5.H.6.1.1 Set a personal health goal and track progress toward its achievement; evaluate results of decision.	Grade 3: C1/pps.A8-A9, C6/C58-C59  Grade 4: C1/pps.A6-A7, A14-A15, A24-A25, C3/pps.B13, B25, C4/pps.B68-B69, C5/pps.C25-C35, C6/p.C63, C7/pps.D30-D35, C8/pps.D54-D55, D69, C9/p.E13. C10/p.E45  Grade 5:C1/pps.A12-A15, C4/pps.B58-B59, C5/pps.C20, C24-C25, C28-C29, C6/p.C47, C7/p.D15, C8/p.D65, C9/pps.E26-E27, C10/pps.E38-E39  The page numbers listed for Grades 3-5 contain information on how to set positive goals, establish a plan of action and track progress toward a positive health behavior or attitude.	Choose an item.
	3-5.H.6.1.2 Identify resources to assist in achieving a personal health goal.	Grade 3: C1/ppsA8-A9, A24-A25, C2/pps.A68-A71, C4/pps.B36-B57,B62-B63, C9/pps.E4-E21  Grade 4: Grade 4: C1/pps.A6-A7, A14-A15, A24-A25, C3/pps.B13, B25, C4/pps.B68-B69, C5/pps.C25-C35, C6/p.C63, C7/pps.D30-D35, C8/pps.D54-D55, D69, C9/p.E13. C10/p.E45  Grade 5: C1/p.A11, C4/pps.B38-B39, B41, B46-B47, B58, B60,C5/pps.C4-C5, C36-C39, C6/pps.C54-C55, C59, C7/pps.D6-D7, D34-D35, D38, C8/p.D55, C9/pps.E4-E11, E13, E18-E19  The page numbers listed for Grades 3-5 contain information on how to establish a plan of action toward a goal and provide ideas and resources on how to choose a specific goal and fund relevant information and/or tools to assit	Choose an item.
Standard 7: Practice He	ealthy Behavior		

<u>Goal</u>	Objective- The students will:	List units with specific examples of where standards are Introduced/Taught/Assessed. Include a narrative explanation.	Point Value 0/.5/1 (Reviewer)
demonstrate the ability to practice healthenhancing behaviors and avoid or reduce health risks.		Grade 3:C.1/pps.A4-A40, C2/pps.A42-A72, C3/pps.B9, B14-B15, B20-B21, B24-B25, B30-B35, C4/B36-B64, C5/pps/C4-C39, C6/pps.C40-C80, C7/pps.D5-D31, C8/pps.D34-D55, C9/pps.E4-E21  Grade 4: C1/pps.A4-A41, C2/pps.A44-A79, C3/pps.B11, B13, B15-17, B19, B21, B28-29, B31-B35, C4/pps.B40-B42, B44-B71, C5/pps.C5-C443, C6/pps.C46-C87, C7/pps.D9, D14-D15, D20-D23, D29, D31, D33-D35, C8/pps.D42-D43, D48-D55, D58-D71, C9/E6-E15, E18-E23, C10/E32-E47  Grade 5: Grade 5:C1/pps.A4-A43, C2/pps.A46-A87, C3/pps.B7-B19, B24-B25, B30-B33, C4/pps.B42-B63, C5/pps.C4-C39, C6/pps.C42-C79, C7/pps.D6-D9, D14-D15, D25-D37, D39, D40-D41, C8/pps.D49, D54-D59, D64-D65, D68-D71, D76-D79, C9/pps.E6-E17, E20-E21, C10/pps.E37-E39, E45, E52-E55  The page numbers listed for Grades 3-5 contain information about positive and healthful goal setting, about healthful behaviors and routine practices.	Choose an item.
	3-5.H.7.1.2 Demonstrate a variety of healthy practices and behaviors to maintain or improve personal health.	Grade 3:C.1/pps.A4-A40, C2/pps.A42-A72, C3/pps.B9, B14-B15, B20-B21, B24-B25, B30-B35, C4/B36-B64, C5/pps/C4-C39, C6/pps.C40-C80, C7/pps.D5-D31, C8/pps.D34-D55, C9/pps.E4-E21  Grade 4: Grade 4: C1/pps.A4-A41, C2/pps.A44-A79, C3/pps.B11, B13, B15-17, B19, B21, B28-29, B31-B35, C4/pps.B40-B42, B44-B71, C5/pps.C5-C443, C6/pps.C46-C87, C7/pps.D9, D14-D15, D20-D23, D29, D31, D33-D35, C8/pps.D42-D43, D48-D55, D58-D71, C9/E6-E15, E18-E23, C10/E32-E47  Grade 5: Grade 5:C1/pps.A4-A43, C2/pps.A46-A87, C3/pps.B7-B19, B24-B25,	Choose an item.

		B30-B33, C4/pps.B42-B63, C5/pps.C4-C39, C6/pps.C42-C79, C7/pps.D6-D9, D14-D15, D25-D37, D39, D40-D41, C8/pps.D49, D54-D59, D64-D65, D68-D71, D76-D79, C9/pps.E6-E17, E20-E21, C10/pps.E37-E39, E45, E52-E55  The page numbers listed for Grades 3-5 contain information about positive and healthful goal setting, about healthful behaviors and routine practices that aim at health improvement (dietary guidelines, healthy weight, physical activity, positive and healthful relationships and stress management).	
	risks.	Grade 3:C.1/pps.A4-A40, C2/pps.A42-A72, C3/pps.B9, B14-B15, B20-B21, B24-B25, B30-B35, C4/B36-B64, C5/pps/C4-C39, C6/pps.C40-C80, C7/pps.D5-D31, C8/pps.D34-D55, C9/pps.E4-E21  Grade 4: Grade 4: C1/pps.A4-A41, C2/pps.A44-A79, C3/pps.B11, B13, B15-17, B19, B21, B28-29, B31-B35, C4/pps.B40-B42, B44-B71, C5/pps.C5-C443, C6/pps.C46-C87, C7/pps.D9, D14-D15, D20-D23, D29, D31, D33-D35, C8/pps.D42-D43, D48-D55, D58-D71, C9/E6-E15, E18-E23, C10/E32-E47  Grade 5: Grade 5:C1/pps.A4-A43, C2/pps.A46-A87, C3/pps.B7-B19, B24-B25, B30-B33, C4/pps.B42-B63, C5/pps.C4-C39, C6/pps.C42-C79, C7/pps.D6-D9, D14-D15, D25-D37, D39, D40-D41, C8/pps.D49, D54-D59, D64-D65, D68-D71, D76-D79, C9/pps.E6-E17, E20-E21, C10/pps.E37-E39, E45, E52-E55  The page numbers listed for Grades 3-5 contain information about the types of behaviors that help avoid health risks and encourage positive and healthful decision-making and goal-setting.	Choose an item.
Standard 8: Advocacy			

<u>Goal</u>	Objective- The students will:	List units with specific examples of where standards are Introduced/Taught/Assessed. Include a narrative explanation.	Point Value 0/.5/1 (Reviewer)
demonstrate the ability to	3-5.H.8.1.1 Express opinions and give accurate information about health issues.	Grade 3: C1/pps.A7, A20, A25, C3/p.B19, C4/p.64, C5/p.C19, C6/pps.C45, C77, C7/p.D9, C8/p.D56, C10/pps.E36-37  Grade 4: C2/pps.A47=A49, C3/p.B19, C4/p.B65, C5/p.C39, C6/pps.C51, C78-C79, C7/p.D33, C8/p.D65  Grade 5:C1/p.A21, C2/p.A51, C3/p.B13, C6/p.C51, C7/pps.D22-D23, C8/p.D69, C10/p.E53  The page numbers listed for Grades 3-5 contain information on how to advocate for positive health decisions and behaviors.	Choose an item.
	3-5.H.8.1.2 Encourage others to make positive health choices.	Grade 3: C1/p.A25, C3/p.B19, C5/p.C19, C6/pps.C45, C77, C7/p.D9, C8/p.D56, C10/pps.E36-37  Grade 4: Grade 4: C2/pps.A47=A49, C3/p.B19, C4/p.B65, C5/p.C39, C6/pps.C51, C78-C79, C7/p.D33, C8/p.D65  Grade 5: Grade 5:C1/p.A21, C2/p.A51, C3/p.B13, C6/p.C51, C7/pps.D22-D23, C8/p.D69, C10/p.E53  The page numbers listed for Grades 3-5 contain information on how to communicate information to peers or family members, in a positive way, using different types of communication styles, in order to encourage healthful decisions and behaviors.	Choose an item.

Indicators of Quality		
Literacy Connections Across All Content Areas	Evidence-Give specific example	Rating: (Reviewer only)
Students will build knowledge and academic language through content rich, complex nonfiction texts.	The Health & Wellness program offers a skill-based health education program. The program is derived from government-based health-related sources, health associations, and other credible health organizations. The text, although written to grade level, offers complex health-related information on topics such as the safe behaviors, disease prevention, nutrition, and physical activity.	Choose an item.
Students will participate in Reading/Writing/Speaking that is grounded in evidence from the text, across the curriculum.	Each chapter includes an activity that students can complete individually or as a group project. The Health & Wellness program includes songs that also convey the information found in the Big Books and student texts.	Choose an item.
Students will use digital resources strategically to conduct research and create and present material in oral and written form.	Click here to enter text.	Choose an item.
Students will collaborate effectively for a variety of purposes while also building independent literacy skills.	Each Health & Wellness chapter offers a group activity that reinforces the concept(s) taught in the chapter.	Choose an item.
Equity	Evidence-Give specific example	Rating: (Reviewer only)
<ol> <li>Materials are free from bias in their portrayal of ethnic groups, gender, age, disabilities, culture, religion, etc. and contain accommodations for multiple learning styles, students with exceptionalities, English Language Learners, and cultural differences.</li> <li>Multicultural Representation</li> <li>Free from bias</li> <li>Designed for use in planning and implementation of differentiated instruction addressing multiple learning styles and the needs of Talented and Gifted (TAG), English Language Learners (ELL) and Special Education (SPED) students.</li> <li>The material provides a balanced representation of points of view regarding issues such as race, gender, religion, environment, business, industry, political orientation, careers and career choices.</li> </ol>	Health & Wellness aims to present a unbiased multicultural program through the use of photos that depict children and adults of many races, cultures, ethnic groups, and abilities. As well as showing elementary school aged children, Health & Wellness depicts multicultural families, as well as adults in various roles (as teachers and doctors to name two) who represent multiple cultures, ethnic groups, and races.  The Health & Wellness teacher materials offer additional classroom activities and discussion questions, as well as ELL activities and suggestions to accommodate multiple learning styles.	Choose an item.
The material offers texts representing a wide array of cultures and experiences, allowing students opportunities to learn about situations similar to and different from their own personal experiences.	The Health & Wellness text includes depictions of people representing varying ethnic groups and cultures.	Choose an item.

Accessibility	Evidence-Give specific example	Rating: (Reviewer only)
3. Accessible Education Materials (AEM): Print- and technology-based educational materials, including printed and electronic textbooks and related core materials that are designed or converted in a way that makes them usable across the widest range of student variability regardless of format (print, digital, graphical, audio, video). Laws that govern the use of AEM: 1.)The Individuals with Disabilities Education Act (IDEA) focuses on accessible formats of print instructional material in the following formats: Braille, Large Print, Audio Text & Digital Text: 2.) Two federal civil rights acts: Section 504 of the Rehabilitation Act and Tittle II of the Americans with Disabilities Act (ADA). Both prohibit discrimination on the basis of disability and speak to the obligation of public schools to provide accessible educational materials to students with disabilities who need them.  • Submitted core PRINT materials must include assurance from the publishers agreeing to comply with the most current National Instructional Materials Accessibility Standard (NIMAS) specifications regarding accessible instructional materials.	McGraw-Hill is fully compliant with the National Instructional Materials Accessibility Standard (NIMAS). This law mandates that K-12 publishers provide XML files of all printed student textbooks and related core materials published as of August 2006. As specified by the law, NIMAS files are uploaded to the National Instructional Materials Accessibility Center (NIMAC) for download by authorized state and local education agencies.  To determine which components are printed student textbooks and related core materials, McGraw-Hill NIMAS staff will consult current NIMAS legislation, state adoption requirements, and the appropriate editorial staff for guidance. As a general rule, any printed student components that are essential to the core pedagogy of the program and are used by all students within a classroom will be converted. Teacher Editions, transparencies, and electronic components are not required by NIMAS and not accepted by NIMAC, so these will not be converted. Unless state adoption schedules necessitate otherwise, all NIMAS files will match second or later corrected printings.  In addition, we are committed to making the education experience more efficient and effective by combining digital content with software that harnesses the science of learning. To achieve this goal,	
	we are making efforts to create universally accessible products available to any and all learners, including individuals with disabilities. For more information, please visit us at <a href="http://www.mheducation.com/about/accessibility.html">http://www.mheducation.com/about/accessibility.html</a>	

Student Focus	Evidence-Give specific example	Rating: (Reviewer only)
The material supports the sequential and cumulative development of foundational skills. Those skills are necessary for a student's independent comprehension of grade-level complex texts and mastery of tasks called for by the standards.	Health & Wellness helps students become health literate by building fluency of health terminology and concepts in the following ways.  The program includes vocabulary terms and definitions in each lesson. Vocabulary terms are shown in bold text and highlighted in yellow in the student text. The definition immediately follows the vocabulary term.  The text was developing using the principles of considerate text. Topics are organized so that one topic becomes the foundation for the next topic. Text is organized so that an entire topic fits on a single page, or if broken, the text is not broken mid-sentence.  Photos and captions illustrate the section topic.  The Let's Review section at the end of every chapter assesses student comprehension and extends student knowledge through the inclusion of critical thinking questions.	Choose an item.
The material provides many and varied opportunities for students to work with each standard within the grade level.	Each standard and benchmark are covered within the Health & Wellness program multiple times.	Choose an item.
6. The material reflects the progression of the strands and how they build within and across the grades in a logical way. This enables students to develop and demonstrate their independent capacity to read and write at the appropriate level of complexity and sophistication indicated by the standards.	Health & Wellness helps students build knowledge by progressively adding new information onto existing knowledge. Within each lesson, students receive foundational information that becomes increasingly more complex as the lesson progresses.	Choose an item.
7. The material engages the reader, i.e. does it correspond with age appropriate interests?	Health & Wellness engages students through the use of examples that are relevant to the age group. Illustrations and photos show children engaged in activities that support the student text. Children depicted in the photos look healthy and are having fun.	Choose an item.
8. The material cross-refers and integrates with other subjects in related areas of the curriculum.	The Health & Wellness teacher materials indicate page numbers and names subjects where academic integration occurs in the student text.	Choose an item.
The material includes strategies and textual content that are grade appropriate.	Each of the Health & Wellness grades 3-5 student editions are written for new and intermediate readers. Each of the texts feature illustrations and pictures that support the text. Discussion questions are included that teachers can use to guide student comprehension of the material.	Choose an item.
10. The material has a balance of text types and lengths that encourage close, in-depth reading and rereading, analysis, comparison, and synthesis of texts.	The Health & Wellness 3-5 program was developed to meet the needs of new and intermediate readers. Text is written to the appropriate grade level.	Choose an item.

11.	The material includes sufficient supplementary activities or assignments that are appropriately integrated into the text.	Each chapter concludes with a group project that integrates and reinforces the content in that chapter.	Choose an item.
12.	The material has activities and assignments that develop problem- solving skills and foster synthesis and inquiry at both an individual and group level.	Each Health & Wellness chapter concludes with a short lesson review containing five or six questions that assess students understanding of the chapter content. Additionally, the program includes worksheets that reinforce he concepts taught in each lesson.	Choose an item.
13.	The material has activities and assignments that reflect varied learning styles of students.	The Health and Wellness Teacher Center includes worksheets that engage students with multiple learning styles. Students may complete a matching game, assemble a puzzle, or draw to complete assignments.	Choose an item.
14.	The material includes appropriate instructional strategies.	Health & Wellness offers a variety of instructional strategies. Teacher materials offer health and language objectives to reinforce student learning. Teacher materials also contain information on activating prior knowledge and reinforcing vocabulary. Teachers are also provided with multilevel strategies to tailor information to beginning, intermediate, and advanced students.	Choose an item.
	Pedagogical Approach	Evidence-Give specific example	Rating: (Reviewer only)
15.	The material offers strategies for teachers to meet the needs of a range of learners, including advanced students and those requiring remediation.	The Health & Wellness program offers teacher materials that provide multilevel strategies, as well as ELL strategies.	Choose an item.
16.	The material provides suggestions for scaffolding that support the comprehension of grade-level text without replacing students' opportunities for full and regular encounters with grade-level complex texts. Removing the scaffolding over the course of the materials is encouraged.	The Health & Wellness program offers teacher materials that provide multilevel strategies, as well as suggestions for teaching the content to ELL students.	Choose an item.
17.	The material provides opportunities for supporting English language learners to regularly and actively participate with grade-level text.	Health & Wellness offers ELL strategies in the Teacher materials.	Choose an item.
18.	The material gives clear and concise instruction to teachers and students. It is easy to navigate and understand.	The Health & Wellness Teacher Center is organized by chapter and lesson. Additional resources (activities and worksheets) are available in the Teacher Center. The online site can also toggle between the Teacher Center and a view of the Student Edition.	Choose an item.
19.	The material assesses students at a variety of knowledge levels (e.g., recall, inferencing/analyzing, reasoning, problem solving) centered on grade-level texts that are clearly aligned and measureable against the expectations of the ICS.	The Health and Wellness Teacher Center includes multilevel strategies to tailor activities to beginning, intermediate, and advanced levels.	Choose an item.

- 20. The material offers ongoing, easily implemented, and varied assessments.
  - Assessments should clearly denote which standards are being emphasized. They should also include aligned rubrics and scoring guidelines that provide sufficient guidance to teachers for interpreting student performance and suggestions for follow-up.

The Health & Wellness student text offers a variety of assessment tools. These include a chapter review listing discussion questions to assess student understanding, and a Life Skills Activity that requires students to show understanding of the chapter content.

Choose an item.

Presentation and Design	Evidence-Give specific example	Rating: (Reviewer only)
21. The material has an aesthetically appealing appearance (attractive, inviting).	The Health & Wellness design underwent extensive testing to ensure that the progams aesthetics appeal to elementary school aged students. The goal of the design for both the print and online programs was to publish a colorful design that aided navigation through the lessons and chapters. Colors were chosen that are vibrant and varied. Illustrations add visual appeal while also offering a suggestion of the chapter content. Brightly colored tabs at the top of the online student page provide navigation to different activites and materials.	Choose an item.
<ul> <li>22. Layout is consistent, clear, and understandable.</li> <li>The material has headings and sub-headings that make it easy to navigate through the book.</li> <li>Chapters are logically arranged.</li> <li>Text provides a useful table of contents, glossary, and index.</li> <li>Text contains references, bibliography, and resources.</li> </ul>	Health & Wellness is organized using chapter and lesson titles. Text within each lesson is organized using a series of heads and sub-heads that are reduced to show how content becomes more specific under the smaller headings. The print and online versions include a table of contents and glossary. The print version includes a print index while the online version allows students and teachers to search for specific terms within the online program. Additional resources, such as activities, worksheets, videos, audio summaries and podcasts, etc. are included in both the print and online program.	Choose an item.
23. The material uses a language/reading level suitable for the intended readers.	Lexile scores have been obtained for the Health & Wellness 2014 program.	Choose an item.
24. The material has a reasonable and appropriate balance between text and illustration. The material has grade-appropriate font size.	Readability and student engagement were both considered during the development of Health & Wellness. Age- and grade-level appropriate font sizes are used throughout the Teen Health program.	Choose an item.
25. The illustrations clearly cross-reference the text, are directly relevant to the content (not simply decorative), and promote thinking, discussion, and problem solving.	Illustrations and photographs are used throughout the program to enage visual learners and to clarify information in the student text.	Choose an item.
26. Non-text content (performance clips, images, maps, globes, graphs, pictures, charts, databases, and models) are accurate and well integrated into the text.	Non-text content is selected with as much rigor as the text content is written. Photos, illustrations, and infographics are selected based on their visual interest to students. This content is derived from .gov, .org, and .edu websites, and reference lines are included underneath graphics.	Choose an item.
Technology	Evidence-Give specific example	Rating: (Reviewer only)
27. The material includes or references technology that provides teachers with additional tasks for students.	The Teacher Center in ConnectEd provides teachers with additional leveled activities, as well as suggestions on how to revise activities to	Choose an item.

	meet the needs of ELL and struggling students. The Project Center in both the Student and Teacher views of ConnectEd include more group and project-based learning activities.	
28. The material includes guidance for the mindful use of embedded technology to support and enhance student learning.	The Health & Wellness course is presented in ConnectED, an online content management system. Additionally, Health & Wellness offers an online student eBook, Workout Songs, and eAssessment that are designed to enhance learning.	Choose an item.
Does the electronic/digital/online version of the materials:	Evidence-Give specific example	Rating: (Reviewer only)
29. The material has "platform neutral" technology (i.e., will run on Windows or other platforms) and availability for networking.	McGraw-Hill Education's ConnectEd platform can be run on Windows or IOS (Mac.) Multiple students and teachers can access the material at the same time.	Choose an item.