

Making Good Choices



Making and Keeping Friends



Ideas for using “Making and Keeping Friends”

- Encourage children to tell about a time they made a new friend.
- Discuss how children can keep friends by being nice to each other.
- Act out meeting a new friend.

Helping One Another



Ideas for using “Helping One Another”

- Encourage children to tell about a time they had trouble doing an activity.
- Discuss classroom rules that help children work and play together in school.
- Role play what the teacher and children might say to one another.

Be Proud of What You Can Do



Ideas for using "Be Proud of What You Can Do"

- Have children identify each activity with the sentence frame: "He/she/they can ____."
- Encourage children to pantomime each activity.
- Invite children to tell what makes them feel proud.

All About Feelings



Ideas for using "All About Feelings"

- Play "Simon Says" with feelings. For example, say: *Simon Says look happy.*
- Have children pantomime each facial expression and have a partner guess the feeling.
- Invite children to tell about a time when they felt happy, sad, grumpy, excited, thoughtful, shy, proud, or sleepy.

Things I Can Do



Ideas for using “Things I Can Do”

- Have children identify and act out things they can do.
- Review words to use when asking for help.
- Encourage children to talk about how they respect other people’s boundaries.

Family Time



Ideas for using “Family Time”

- Have children identify and act out things people in a family like and do.
- Review words to use when describing characteristics of people.
- Encourage children to talk about how their friends are alike and different.