



Psychology of Success, 7th edition

Denis Waitley

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NEW TO THE SEVENTH EDITION

Introduction

- NEW overview

Chapter 1

- NEW material about female role models
- NEW material on Explaining Human Behavior
- NEW material on Your Self Image

Chapter 2

- NEW material on Putting It All Together: Self-Awareness and Career
- NEW material on Work Is Unpleasant or Is It?
- Updated material on Myths About Work.

Chapter 3

- NEW material on What Are Your Goals?
- Updated material on Staying On Track
- NEW material on Resisting Change
- NEW material on Five Powers of Effective Goal Setting

Chapter 4

- Updated material on The Power of Self-Esteem
- NEW material on Controlling Your Internal Conversations

Chapter 5

- Updated material on Thinking Style and Health
- Updated material on Good Attitude, Good Health

Chapter 6

- Updated material on What Is Self-Discipline?
- NEW material on Conquering Bad Habits

Chapter 7

- NEW material on Visualization and Success
- NEW material on Steps to Visualization

Chapter 8

- NEW Professional Development Activity

Chapter 9

- NEW material on Becoming an Empowering Leader/Coach