



## **Adolescence, 12<sup>th</sup> edition**

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The twelfth edition of *Adolescence* features updated and expanded coverage of key issues in development in every chapter. The author revised in response to student heat map data that pinpointed the topics and concepts with which students struggle the most. This heat-map-directed revision is reflected primarily in Chapters 2, 4, 8, 11, and 12.

### **Chapter Changes**

#### Chapter 1

- Thorough update of all content (more than 70 new citations)
- Simplified discussion of hormonal regulation of puberty
- Expanded discussion of body dissatisfaction among adolescent girls
- Expanded discussion of adolescent sleep
- Expanded discussion of eating disorders, adding binge eating disorder
- Dropped discussion of adolescent health care

#### Chapter 2

- Thorough update of all content (more than 90 new citations)
- Expanded discussion of memory during adolescence and the “reminiscence bump”
- Condensed discussion of intelligence
- Greatly expanded discussion of structural and functional changes in the adolescent brain

- Added discussion of brain development in young adulthood
- Expansion of material on “the social brain”
- Expanded discussion of risk taking in adolescence

### Chapter 3

- Thorough update of all content (more than 60 new citations)
- Addition of discussion of late adolescents living at home
- Expanded discussion of terminology used to refer to this age group
- Expanded discussion of impact of poverty on mental health and brain development

### Chapter 4

- Thorough update of all content (more than 110 new citations)
- Expanded discussion of acculturation
- Greatly expanded discussion of behavioral genetics
- Added discussion of differential susceptibility theory
- Expanded discussion of homeless adolescents

### Chapter 5

- Thorough update of all content (more than 100 new citations)
- Dropped dated discussion of “youth culture”
- Added entirely new section on the need for peer groups in modern society, including Margaret Mead’s work on societal change
- Simplified discussion of clique structure
- Dropped dated discussion of racial tension in peer groups
- Greatly expanded discussion of bullying and victimization
- Added new section on cyberbullying

### Chapter 6

- Thorough update of all content (more than 50 new citations)
- Added discussion of education policy under President Trump
- Dropped dated examples of minority student school experiences
- Added discussion of school climate and bullying
- Updated discussion of differential treatment of minority adolescents in schools
- Updated material on ADHD and medication for the condition

### Chapter 7

- Thorough update of all content (more than 90 new citations)
- Greatly condensed discussion of part-time employment
- Dropped dated material on youth unemployment
- Expanded discussion of risky online behavior, like sexting
- Thoroughly revised discussion of “screen time”
- Added entirely new section on social media

### Chapter 8

- Thorough update of all content (more than 80 new citations)

- Added discussion of future orientation
- Updated and expanded material on ethnic identity development and discrimination
- Added discussion of differences among sexual identity, sexual orientation, and gender roles
- Added additional discussion of the development of sexual identity, including mental health of transgender youth

#### Chapter 9

- Thorough update of all content (more than 50 new citations)
- Condensed discussion of emotional autonomy
- Expanded discussion of self-regulation
- Updated discussion on the reasons for the increase in peer influence in adolescence
- Added material on declines in social responsibility in adolescence

#### Chapter 10

- Thorough update of all content (more than 70 new citations)
- Added entire section on the impact of social media on the development of intimacy
- Expanded discussion of dating
- Expanded discussion of dating violence

#### Chapter 11

- Thorough update of all content (more than 70 new citations)
- Update of all statistics on sexual activity
- Expanded discussion of sexual harassment, especially of LGBTQ youth
- Expanded discussion of the effects of casual sex on mental health
- Expanded discussion of peer influences on sexual activity

#### Chapter 12

- Thorough update of all content (more than 50 new citations)
- New discussion of interventions to enhance noncognitive contributors to academic success
- Expanded discussion of factors affecting student engagement during transition to secondary school
- Updated statistics on U.S. high school achievement (SAT, NAEP, and PISA)

#### Chapter 13

- Thorough update of all content (more than 150 new citations)
- Expanded discussion of comorbidity of internalizing and externalizing problems
- Expanded discussion of interplay between genes and environment as contributors to psychosocial problems
- New discussion of e-cigarettes
- Expanded discussion of neurobiological differences between conduct disordered and non-disordered adolescents
- Expanded discussion of drugs and the adolescent brain
- Updated all statistics on prevalence and demographic differences in substance abuse, crime, and depression
- Expanded discussion of neurobiological differences between depressed and non-depressed adolescents
- New discussion of school shootings

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