



## Teaching Physical Education for Learning, 8<sup>th</sup> edition

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**New in the eighth edition**

### Through-out the text:

Integration of the National Standards for K-12 Physical Education into physical education programs and instructional strategies.

New and expanded coverage of issues related to physical education, including increased emphasis on developing skills for lifetime physical activity; differentiated instruction; virtual learning" and online physical education courses; self-instructional strategies; Universal Design for Learning (UDL); student learning outcomes(SLOs) in lesson planning; assessment strategies and scoring rubrics; and teacher self-assessment, reflection, and improvement.

New and Revised Boxes containing instructional strategies, lesson plans, and real-world classroom examples.

New photos demonstrating instruction and activities in physical education programs.

New chapter outlines.

Updated research and references.

## **Chapter-by-Chapter Changes**

### **Chapter 1**

- Updated research and references
- Information on the Society for Health and Physical Education (SHAPE America) and the National Standards for K-12 Physical Education
- Updated photos
- Revised Figure 1.2--flowchart of teaching an instructional task
- Revised Box 1.5 Teacher Functions in the Teaching-Learning Process

### **Chapter 2**

- Updated research and references
- Updated photos
- Revised Box 2.2 Requirements for Learning a Motor Skill

### **Chapter 3**

- Updated research and references

### **Chapter 4**

- Updated research and references
- Updated photos
- New examples of task presentations

### **Chapter 5**

- Updated research and references
- Discussion of differentiated instruction
- Revised Box 5.9 The Games Stages
- Updated photos

### **Chapter 6**

- Updated research and references
- New Box 6.2 Developing a Learning Environment with Different Age Groups

### **Chapter 7**

- Updated research and references
- Updated photos

### **Chapter 8**

- Updated research and references
- New information on "virtual learning" and online physical education courses for high school students
- New Box on Self-Instructional Strategies for High Schoolers
- New Box on Self-Instruction in Gymnastics for Elementary School students

### **Chapter 9**

- Updated research and references
- New photos
- New information on Universal Design for Learning (UDL)

## **Chapter 10**

- Updated research and references
- New photos
- New information on the use of student learning outcomes(SLOs) in lesson planning
- Revised Box 10.1 Educational Outcomes at Different Levels of Planning
- Revised Box 10.3 Second Grade-Level Outcomes from Standards

## **Chapter 11**

- Updated research and references
- New photos
- New Box 11.3 High School Basketball Scoring Rubric
- New Box 11.4 High School Tennis Scoring Rubric/Assessment
- Revised Box 11.5 High School Fitness/Physical Activity Portfolio
- New Box 11.7 Example of a Student Log of Physical Activity
- New Real World Box with example of a real teacher experience using a 30- second wonder form

## **Chapter 12**

- Updated research and references
- New photos
- New tips for using the blackboard, written handouts, technology, and other audiovisual aids to teach fitness

## **Chapter 13**

- Updated research and references
- New photos
- Revised Box 13.1 Professional Organizations for the Practicing Physical Education Teacher
- Revised Box 13.3 Popular Websites and Listservs for Physical Education
- Updated information on The National Board for Professional Teaching Standards and National Board Certification of teachers
- Revised Real World Box: Journal Entry for a Reflective Journal
- New Checking Your Understanding questions

## **Chapter 14**

- Updated research and references