



Abnormal Psychology, 8th Edition

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Chapter Changes

CHAPTER 1

- Updated coverage on the dimensions of abnormality on a continuum
- Revised coverage of the cognitive revolution
- Increased emphasis on “bio effectiveness”
- Increased attention to disadvantages of deinstitutionalization
- Revised coverage on the role of correctional facilities
- Updated coverage of the Affordable Care Act and mental health

CHAPTER 2

- New statistics on benzodiazepine and overdoses
- Updated coverage of electroconvulsive therapy effects
- Updated research on brain stimulation
- New emphasis on “bio effectiveness”
- Revised coverage on the difference between modeling and observational learning
- Revised coverage on the distinction between the pleasure and reality principles

- Revised coverage of Freudian concepts
- New coverage of object relations
- Updated coverage of Dialectical Behavioral Therapy (DBT) adaptations and Acceptance and Commitment Therapy (ACT)
- Added coverage of Unified Protocol (UP)
- Added content on cultural competence
- New content on cultural adaptations of treatment

CHAPTER 3

- New coverage on computerized assessment
- Revised coverage of key DSM topics
- Revised coverage concept of DSM axes
- Updated research on DSM-5 reliability
- Revised coverage of reifying diagnoses

CHAPTER 4

- Revised coverage of the limitations of case studies
- Revised presentation of correlation
- Strengthened coverage (with new examples) of the difference between improved clarity correlation and causation
- Revised presentation of demand characteristics
- New example for placebo control group for therapy
- Strengthened coverage of the limitations of laboratory studies
- Revised coverage of the types of genetic studies
- Revised presentation of adoption studies
- Added coverage of Research Domain Criteria (RDoC)

CHAPTER 5

- Revised coverage with new example of dissociation
- Revised coverage environmental and social factors relating to trauma
- Clarified distinction between *nervios* and *ataque de nervios*
- Revised presentation of neuroimaging findings related to trauma
- Strengthened presentation (with examples) of exposure therapy in cognitive behavioral therapy (CBT)
- Revised coverage of prolonged exposure and cognitive processing therapy
- Strengthened coverage of exposure treatment for phobia
- Revised coverage of social anxiety disorder
- Revised coverage of panic disorder diagnosis
- New coverage of the cognitive aspect of panic
- Integrated coverage of cognitive factors of post-traumatic stress disorder (PTSD)
- Revised coverage of benzodiazepine in treating PTSD
- Improved coverage of general anxiety disorder definition (GAD)
- Added coverage of emotion regulation therapy (ERT) for GAD
- Revised presentation of obsessive compulsive disorder (OCD) diagnosis
- New example of compulsions
- Revised coverage of body dysmorphic disorder

CHAPTER 6

- Revised coverage of the reliability and controversies of *DSM-5*
- Updated treatment coverage
- Revised presentation of research on stress and maltreatment
- Updated coverage of prognosis relating to conversion disorders
- Updated coverage of the science on theories of dissociative identity disorder (DID)
- New coverage of treatment outcome research
- Revised coverage of dissociative fugue

CHAPTER 7

- Clarified definition and organization of subtypes of depression
- Revised coverage relating to the different bipolar disorders
- Strengthened coverage of bipolar episodes and diagnoses
- Revised presentation of cyclothymia
- New material on the distinction between episodes and general reactivity in bipolar disorder
- Improved coverage, with examples, of creativity in mood disorders
- Strengthened coverage of hopelessness in depression
- New material on the different bipolar disorders
- Revised coverage of cohort effects
- Revised coverage of gender differences in depression
- New material on puberty and gender differences in depression
- New material on framing racial and ethnic differences
- Updated material on genetic and brain findings relating to depression
- Added coverage of psychosocial contributors to BP
- Added example of reward sensitivity
- Updated findings on selective serotonin reuptake inhibitors (SSRIs) and suicide
- Revised coverage of selective serotonin-norepinephrine reuptake inhibitors (SNRI)
- Added description of bupropion/dopamine link
- Added clarity on drawbacks of tricyclics
- Revised coverage of the pros and cons of lithium
- Added lamotrigine to medical treatments for BD
- Updated coverage of suicide epidemiology and demographics
- Added coverage of African American suicide rates and updated all coverage of ethnicity rates
- Added coverage of anxiety and suicide\added content on new media and suicide
- Updated research on impulsivity
- Added content on the interpersonal theory of suicide
- Added definitions of treatment vs. prevention (HM)
- Updated coverage of nonsuicidal self injury

CHAPTER 8

- Added historical factors in delusion content
- Updated research on hallucinations in general population
- Added research on anticipatory emotion
- Updated prognosis findings and suicide
- Integration of cognitive with biosocial theories of schizophrenia
- Added material on schizophrenia and bipolar family comorbidity
- Updated status of social drift research
- Updated status of stress events research

- Updated evidence on treatment efficacy

CHAPTER 9

- New material on cognitive treatment for schizotypal personality disorder
- Added example of splitting
- Updated status of pharmacological treatment for bipolar personality disorder (BPD)
- Clarified coverage of therapy for histrionic personality disorder (HPD)
- Revised coverage of narcissism subtypes
- Clarified difference between avoidant and schizoid personality disorders
- Distinguished obsessive compulsive personality disorder from obsessive compulsive disorder
- Clarified and updated coverage of alternative dimensional models for personality disorders

CHAPTER 10

- Updated coverage of attention-deficit/hyperactivity disorder (ADHD)
- Updated status of psychosocial factors
- Update on adult ADHD CBT
- New material on genetic research
- More research on name processing
- Updated status of autism spectrum disorder (ASD) medications
- Updated sports traumatic brain injury statistics
- Added research on early identification
- Updated coverage of delirium research and treatment

CHAPTER 11

- Updated contradictory findings on physio-reactivity in conduct disorders
- Updated findings on Fast Track and conduct disorders
- Updated coverage on drugs are not first line treatment for CD/ODD
- New coverage of genetic and epigenetic findings in ASPD
- Updated findings on amygdala and striatum

CHAPTER 12

- Updated with DSM-5 prevalence of anorexia nervosa
- Updated with DSM-5 prevalence of bulimia nervosa
- New research on leveling out of prevalence of bulimia nervosa since 2000s
- Updated DSM-5 and international prevalence of binge eat
- Revised coverage of DSM-5 categories eating disorders not otherwise specified (EDNOS) and other specified feeding or eating disorder
- Updated coverage of obesity drugs
- Added coverage of male eating disorders and muscularity ideal
- Updated research on thinness ideal
- Revised coverage of the treatment of eating disorders
- New coverage of treatment access, internet based intervention, and prevention of eating disorders

CHAPTER 13

- New title: Sexual Disorders and Gender Diversity
- Updated coverage of sexual desire prevalence
- Added material on cognitions to include men
- New material on culture and gender roles
- Updated research on testosterone
- Updated research on biological treatment for women
- Revised heterosexual-specific language for early ejaculation treatment
- Revised heading of LGB section to separate from disorders
- Added unique considerations for LGB sexual dysfunction
- Revised coverage of nonpathological consensus and position on conversion therapy
- Emphasized continuum aspect of sadism/masochism
- Added evidence regarding sadism disorder in offenders
- Revised heading for treatment of paraphilic disorders to emphasize the disorders rather than the interests and behaviors
- Updated coverage of CBT for paraphilias
- Significant revision of the gender dysphoria section to emphasize distress and impairment criteria
- Updated research on gender dysphoria (GD) prevalence, associated psychopathology, and risk factors for HIV
- Added new coverage of gender diversity and transgender along the continuum
- Updated findings on brain in GD
- New coverage of GD in childhood and persistence into adulthood
- Added coverage of biological treatment of GD in children

CHAPTER 14

- Updated US and world statistics throughout (prevalence of use, abuse, ER visits, and deaths)
- Increased emphasis on recent increases of meth and opioid use/abuse
- Updated coverage of e-cigarettes
- Added coverage of opioid epidemic
- Updated medical and recreational marijuana laws
- Updated coverage of gambling diagnosis and treatment
- Added coverage of internet gaming disorder and other behavioral addictions

CHAPTER 15

- Updated epidemiology and statistics throughout
- Revised coverage of link between psychological diagnosis and physical health
- Updated cancer intervention research
- Updated status of psychosocial treatment and coronary heart disease (CHD)
- Streamlined coverage of depression and CHD
- Added culturally sensitive interventions
- New coverage of mobile health interventions (along with updates to internet intervention)
- Clarified sleep wave language
- Added examples for sleep study
- Updated research on narcolepsy as autoimmune problem
- Added list of breathing disorders
- Revised definition of hypoventilation
- Updated prevalence of sleep apnea

- Revised coverage of circadian rhythm disorders
- Revised coverage of arousal
- Increased coverage of confusional arousals
- Added examples for REM sleep disorder
- Added coverage of medication for nightmare disorder

CHAPTER 16

- Updated research on violence
- Added prevalence of incompetence to stand trial
- Revised coverage of states' use of insanity rules
- New introduction to justice system section
- Updated mental illness rates in prisons