

# List of Changes



## Introduction to Physical Education, Exercise Science, and Sport

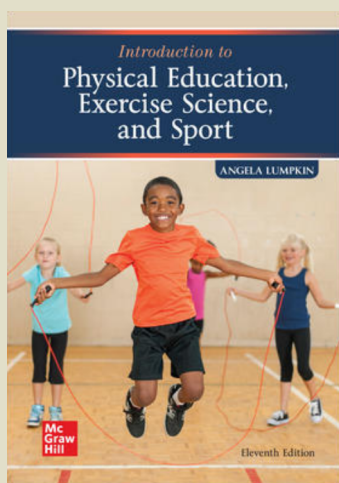
**11th Edition**  
**Angela Lumpkin**

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### **Chapter 1 Physical Education, Exercise Science, and Sport—Dynamic Fields**

- Revised text as needed for clarity
- Checked and updated all links in text and Web Connections
- Updated statistics about obesity
- Added student activities about developing study skills and time management skills
- Revised the background about the federal government's promotion of health and replacement of the information about Healthy People 2020 with the framework for Healthy People 2030
- Replaced text in the Research View with information from Physical Activity Guidelines for Americans (2nd ed.)
- Replaced the lifestyle survey with a new and improved lifestyle survey
- Added new career perspective of a high school coach and teacher

### **Chapter 2 Exercise and Sport Sciences**

- Revised text as needed for clarity
- Checked and updated all links in text and Web Connections
- Added section on developing research and writing skills
- Added new career perspective of a clinical exercise physiologist

### **Chapter 3 Professions of Physical Education, Exercise Science, and Sport**

- Revised text as needed for clarity
- Revised certification information about athletic training
- Checked and updated all links in text and Web Connections
- New career perspective of a physical education teacher

### **Chapter 4 Philosophy of Physical Education, Exercise Science, and Sport**

- Revised text as needed for clarity
- Revised and expanded text about developing a personal code of ethical conduct
- Checked and updated all links in text and Web Connections

### **Chapter 5 Career Options**

- Revised text as needed for clarity
- Checked and updated all links in text and Web Connections

### **Chapter 6 Preparation for a Career**

- Added list of moral values, personality traits, and relationship builders for future professionals
- Revised text as needed for clarity
- Checked and updated all links in text and Web Connections
- Updated and added information about certifications
- New career perspective of Director of athletic training program

### **Chapter 7 Early Heritage in Sports and Gymnastics**

- Checked and updated all links in text and Web Connections
- New career perspective of an elementary physical education teacher

### **Chapter 8 Early American Physical Education and Sport**

- Checked and updated all links in text and Web Connections

### **Chapter 9 Twentieth and Twenty-First Century Physical Education, Exercise Science, and Sport**

- Revised text as needed for clarity
- Revised Table 9.3
- Added new historical research activity about more recent leaders in academic disciplines
- Checked and updated all links in text and Web Connections
- New career perspective for Director of Campus Recreation

### **Chapter 10 Opportunities and Challenges in Physical Education and Exercise Science**

- Revised text as needed for clarity
- Checked and updated all links in text and Web Connections
- New career perspective for National School Health Program Manager

### **Chapter 11 Issues in Sports**

- Updated youth sport organizations and coaching certifications in Box 11.3
- Updated Table 11-1 with data about the number of intercollegiate athletes by gender and divisional level
- Checked and updated all links in text and Web Connections
- Added new career perspective for an intercollegiate athletic director

### **Chapter 12 Leadership for Active Living**

- Revised text as needed for clarity
- Added section of legal liability
- Added three Review Questions about legal liability
- Added Table 12-1: Selected National Celebrations Related to Exercise Science, Health, and Sport
- Checked and updated all links in text and Web Connections

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