



P.O.W.E.R. Learning and Your Life: Essentials of Student Success, 4th edition

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New to the Fourth Edition

The valuable input we have received from the reviewers of the fourth edition of P.O.W.E.R. Learning and Your Life: Essentials of Student Success, along with the feedback from the tens of thousands of students, the hundreds of instructors who used prior versions, and classroom testing, have resulted in the addition of new and updated information, reflecting advances in our understanding of what makes students successful and changes in college instruction. The following sample of new and revised topics provides a good indication of the book's currency:

Chapter-by-Chapter Changes

CHAPTER 1—P.O.W.E.R. LEARNING: BECOMING AN EXPERT STUDENT

- New material on “growth mindset” and “grit”
- Activities optimized for Connect
- Revised Resources section

CHAPTER 2—MAKING THE MOST OF YOUR TIME

- Updated coverage of technology related to time management
- Updated Resources section

CHAPTER 3—TAKING NOTES

- Updated coverage of technology related to notetaking
- Additional content related to critical thinking and notetaking
- Updated Resources section

CHAPTER 4—TAKING TESTS

- Updated coverage of technology related to test taking
- Updated Resources section

CHAPTER 5—READING AND REMEMBERING

- Updated coverage of technology related to reading
- Updated Resources section

CHAPTER 6—CAREERS

- Data on occupations updated
- Added questions to consider regarding start-up companies
- Refined description of finding career opportunities
- Revised occupations with the fastest growth
- Updated sample résumés and cover letters
- Suggested opening to cover letter
- Clarifying that the first part of career portfolio is for the user
- Including accomplishments in a career portfolio
- Importance of including course schedule with syllabus in a career portfolio
- Inclusion of badges in a career portfolio for learning experiences
- Clarified importance of making cover letters specific for each position
- Clarified how to draw readers into application letters
- Refined description of how the web has changed job hunts
- Importance of social media in job search
- LinkedIn capabilities for building a professional online presence
- Guidelines for online résumés
- Importance of creating an online résumé separate from a hard-copy résumé
- Clarified importance of asking questions during an interview
- Importance of individual thank-you notes
- Updated Resources section

CHAPTER 7—TECHNOLOGY AND INFORMATION COMPETENCY

- Updated coverage of the digital divide
- Updated coverage of classroom technology, email, netiquette
- Expanded coverage of Internet safety, security, and social media

- Additional content on online and distance learning resources
- Expanded coverage regarding research and use of libraries and related resources
- Updated Resources section

CHAPTER 8—MAKING DECISIONS AND PROBLEM SOLVING

- Expanded coverage on critical thinking and its importance today
- Expanded coverage on problem solving
- Updated Resources section

CHAPTER 9—DIVERSITY AND RELATIONSHIPS

- Expanded coverage of diversity and its importance
- Updated coverage on the language of diversity
- Updated Resources section

CHAPTER 10—JUGGLING: STRESS, MONEY, FAMILY, AND WORK

- Expanded coverage on stress and strategies to cope with it
- New content related to veterans returning to college
- Updated Resources section