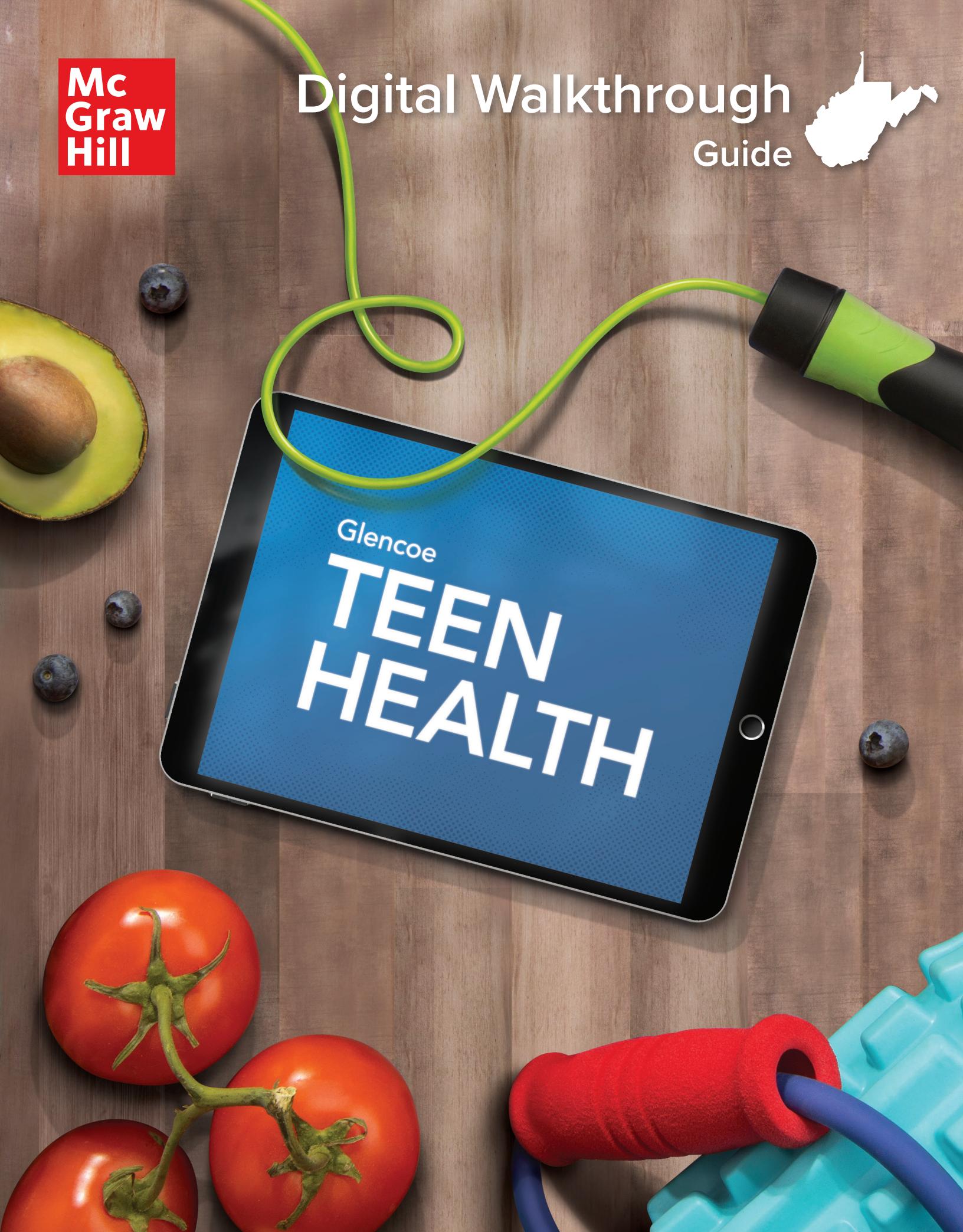




Digital Walkthrough Guide



Start Your Digital Review

.....

1. Visit my.mheducation.com

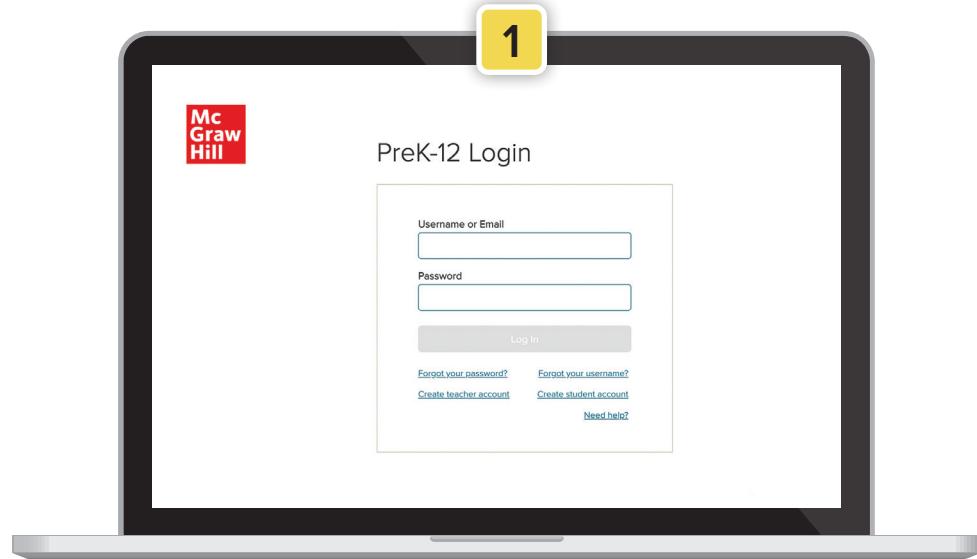
Enter your username and password.

Teacher Username: TeenHealthWV

Teacher Password: TeenHealth*1

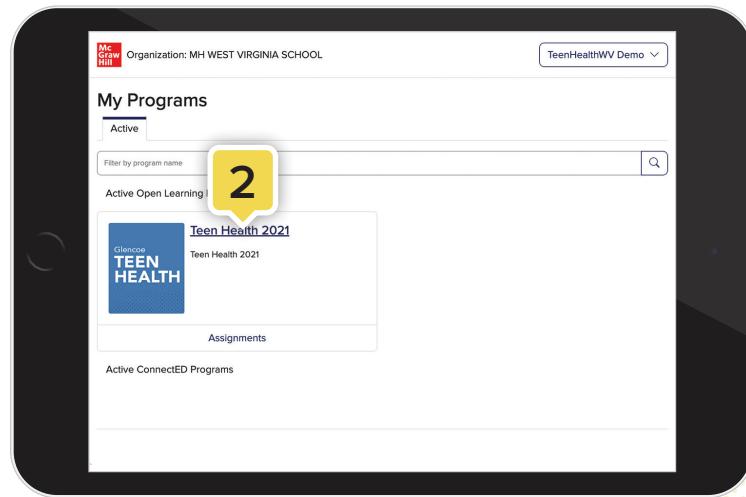
Student Username: TeenHealthWVs

Student Password: TeenHealth*1



2. Dashboard

From the teacher dashboard, locate your program in the digital bookbag. Click the program to launch the home page of your digital teacher experience.



Using Your Class Dashboard



Your course dashboard provides quick access to all your teaching resources.

- 1. Browse This Course** helps you find the modules and lessons within the course.
- 2. eBook Options** are conveniently organized together so you can access these resources with ease.
- 3. The Toolbar** navigates you to other teacher tools like assignments, assessments, and more.

1

2

3

Using the Module Landing Pages

- 1. On the module landing page you can access resources for both teachers and students. Each module features resources, assessments and project-based learning activities.
- 2. To collapse or expand the different sections, click the caret.
- 3. Within the Teacher Resources section you will find the Family Letter and Hands on Health activity.
- 4. Under Teach you will find activities and worksheets.
(a) Click the **Assign** button to assign these resources to your students. (b) To include these resources in your presentation, toggle the switch next to **Presentation**.
- 5. If you want to add your own resources, click the caret to open the **Teacher-added Resources** on the module landing page then click Upload Resource or Add Web Link. This feature is also available on the lesson-level landing pages.

Module: Social Health

Teacher Resources

Teach

Teacher-added Resources

Teacher Resources

Family Letter

Hands On Health

Answer Key: Social Health

Teach

b

a

Teacher-added Resources

Upload Resource

Add Web Link

Using the Lesson Landing Pages

- 1. On the Module landing page you will see all of the lessons within that module listed out.
- 2. Click on **Lesson Info** to view the Standards Correlations covered within that specific lesson.
- 3. Click on **Student Resources** to find the (a) PowerPoints and (b) eBook for that specific lesson.

The screenshot shows the 'Teen Health 2021' course interface. The left sidebar has a dark blue background with various icons and labels: 'My Programs' (Home), 'Dashboard', 'Course' (selected), 'Gradebook', 'Calendar', 'Assignments', 'Roster', 'Reports', 'Assessments', and 'My Tools'. The main content area has a light blue header with the class name and a 'TeenHealthWV Demo' dropdown. The main title is 'Lesson: Building Character'. A yellow callout '1' points to the 'Lesson: Building Character' link in the breadcrumb. A yellow callout '2' points to the 'Lesson Info' link. A yellow callout '3' points to the 'Student Resources' section. Within 'Student Resources', a yellow callout 'a' points to the 'PowerPoint: Building Character' section, which includes a thumbnail, a description, and tags. A yellow callout 'b' points to the 'eBook' section, which includes a thumbnail and tags. There are also 'Download', 'Assign', and '...' buttons.

Using the Lesson Landing Pages (cont'd)



Teen Health eBook

1. The *Teen Health eBook* is the first resource in each lesson. Click the **eBook** tile to open this resource. Once inside the eBook, students can:
 - a. Navigate between lessons by clicking the **Menu** icon. The Table of Contents will appear on the left side of the screen.
 - b. Have the text read aloud by clicking the small speaker icon at the top right-hand side of the page.
 - c. Define a vocabulary word by clicking on the underlined and highlighted word.
 - d. Highlight or annotate important points in the text by selecting the text and choosing an option from the toolbar that appears.

Building Character

BIG IDEA. Character is the way a person thinks, feels, and acts.

Quick Write. Write a short description of a person who has been a positive role model for you.

Type your answer here...

PowerPoint Presentation

2. To open the PowerPoint Presentation you can either click on the tile to view this resource within the platform or click the download button which will then allow you to edit and print the presentation

What is Character?

BIG IDEA Character is the way a person thinks, feels, and acts.

Building Vocabulary

- **character** The way a person thinks, feels, and acts
- **character traits** Qualities that demonstrate how a person thinks, feels, and acts.
- **citizenship** The way you conduct yourself as a member of a community.

What is Character?

BIG IDEA Character is the way a person thinks, feels, and acts.

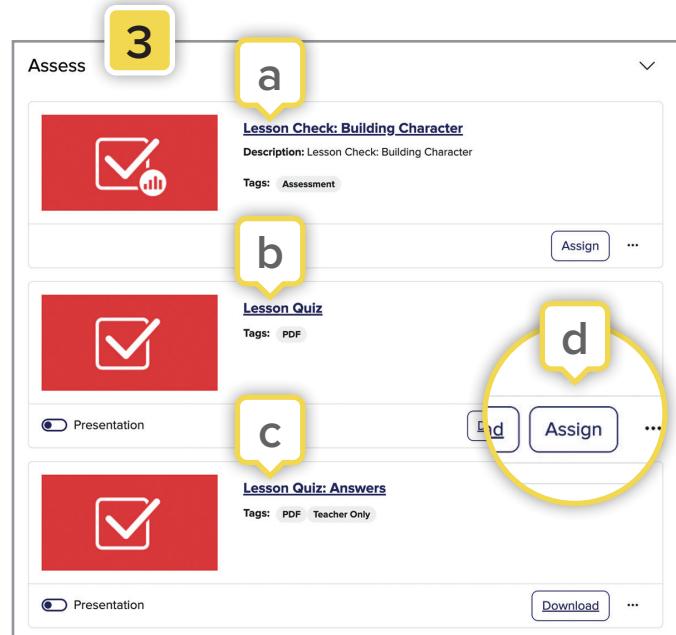
Building Vocabulary

- **character** The way a person thinks, feels, and acts
- **character traits** Qualities that demonstrate how a person thinks, feels, and acts.
- **citizenship** The way you conduct yourself as a member of a community.

Using the Lesson Landing Pages (cont'd)

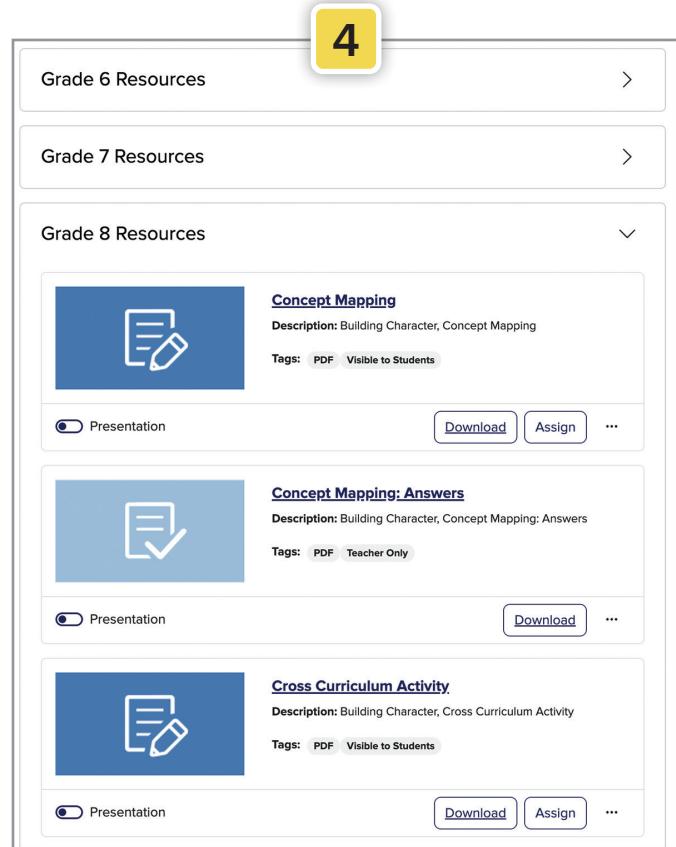
Assess

3. The **Assess** section features assessments that gauge student understanding. You can open this section on the lesson landing page by clicking the caret. Within this section, you will find the (a) **Lesson Check**—a short assessment that is exclusive to the digital experience—and the (b) **Lesson Quiz** and (c) **Lesson Quiz Answers** which are downloadable and printable PDFs. When you click **Assign** (d) for the Lesson Quiz, you will then be prompted to input start and due dates, points associated, and the students to whom you are assigning this quiz.



Grade-Level Resources

4. Grade-level resources can be found in their respective grade section, which can be opened by clicking the caret located to the right. Assignments in these sections are similar but leveled to appropriate grades and can be assigned to specific students based on their grade level.



Using the Lesson Landing Pages (cont'd)



Additional Resources and Instructional Tools

1. Click the **three dot icon** next to Assign and Filter to see the lesson content as a student will see it.
2. If any of the resource tiles on the module or lesson landing pages say **Visible to Students** they will appear on the student page.
3. Get students started with physical activity by selecting any lesson within the last module of the main menu (Fitness Zone). Within these lesson-level landing pages, you will find features and resources for your students, including Personal Fitness Logs, Heart Rate Monitor Activities, Videos, Podcasts, Clipboard Energizer Activities, and more.

Lesson: Building Character

Search Course Resources

Expand All Present

Assign Filter ...

Lesson Info

Student Resources

PowerPoint: Building Character, PowerPoint

Description: Building Character

Tags: MS PowerPoint, Visible to Students

Ppt

Download Assign ...

Browse This Course | Teen Health 2021

Module: Violence Prevention

Module: Nutrition

Module: Physical Activity

Module: The Life Cycle

Module: Personal Health Care

Module: Your Body Systems

Module: Tobacco

Module: Alcohol

Module: Drugs

Module: Using Medicines Wisely

Module: Communicable Diseases

Module: Noncommunicable Diseases

Module: Safety

Module: Green School Environmental Health

Resources: Fitness Zone

Resources: Hands on Health

Resources

Fitness Zone

Lesson: Clipboard Activity

Lesson: Videos and Podcasts

Lesson: Heart Rate Monitor

Open

Open

Open

Navigating Your Presentations



If you chose **Add to presentation** on any of the resource tiles on the Lesson page, those assets will appear in your presentation.

1. To start your presentation, click on **Present** at the top of the lesson-level landing page.
2. Click on the **arrows** to navigate within the same learning resource. Only resources with multiple pages or slides feature arrows for navigation.
3. By clicking on the **Switch to Edit Presentation** button, you are able to move resources around to customize your presentation.

Lesson: Building Character

Present

1

2

3

Switch to Edit Presentation

Academic Integration Worksheet

Academic Integration: English

Understanding Health and Wellness

Your Total Health

Total Health

Directions: Your total health is made up of three equally important areas: physical, emotional, and social. In one area of your health suffers, your total health will also suffer. Each of the following cases decide which area(s) of each teen's health is being negatively affected and describe how each teen could improve his or her situation.

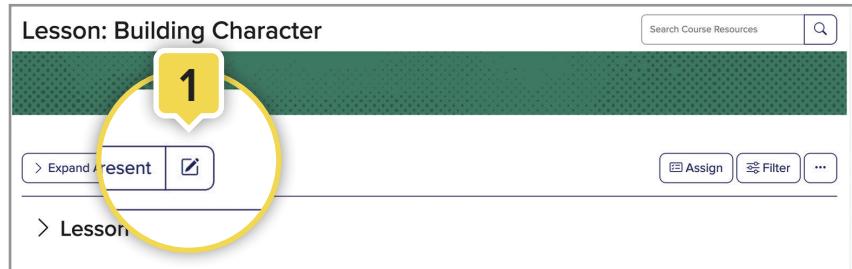
1. A 15-year-old boy has come to the office complaining of a stomachache. He has a math test during the next class period. You have noticed that he comes to the office with a stomachache every time he has a math test.

2. A ninth-grade girl missed a week of school for her grandmother's funeral. Now, she has to talk with someone because she is having a hard time catching up with her schoolwork.

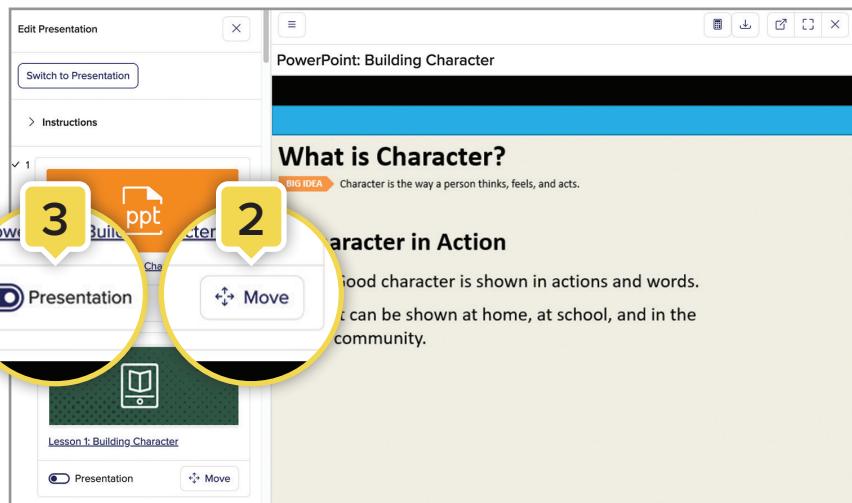
Customizing Your Classes



1. From the top of the lesson-level landing page, click **Edit Presentation**. This will open the Presentation menu.



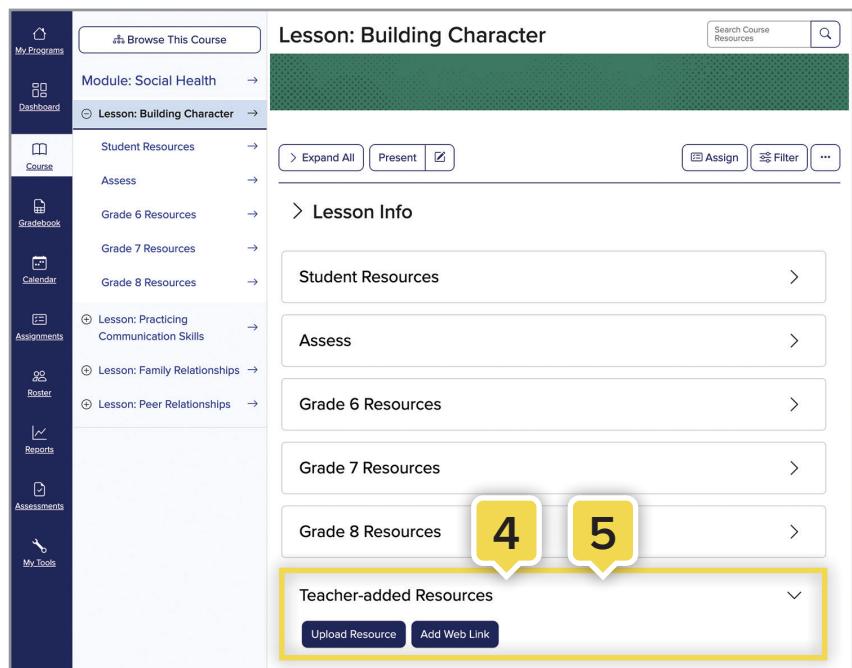
2. Drag-and-drop items to a new location in the presentation line-up.



3. Add or remove items from the presentation by checking the **Presentation** option.

4. Upload your own resources by clicking the caret to open the **Teacher-added Resources** section at the bottom of every lesson-level landing page and then clicking **Upload Resource** or **Add Web Link**.

5. If you added your own resources to a lesson-level landing page, those resources will appear here as well.



Assessments

1. From the main menu, click on **Assessments** to access assessment tools.

2. The **Question** tab is where all the questions for each lesson are stored.

- Each module in the program has a folder. Click a folder to access and edit dozens of pre-made questions for that module.
- You can create your own questions by clicking the **New Question** button. When complete, those questions will be stored in the **My Questions** folder.

TeenHealthWV Demo

Assessments

Question

New Question

My Questions

Module: Social

Module: Dating

Module: Relationships

Module: Nutrition

Module: Physical Activity

Module: The Life Cycle

Module: Personal Health Care

Module: Your Body Systems

Module: Tobacco

Module: Noncommunicable Diseases

Module: Nutrition

Module: Physical Activity

Module: Personal Health Care

Module: Your Body Systems

Module: Tobacco

New Question

Module: Social

Module: Dating

Module: Relationships

Module: Nutrition

Module: Physical Activity

Module: The Life Cycle

Module: Personal Health Care

Module: Your Body Systems

Module: Tobacco

3. The **Assessment** tab is where all the assessments are stored.

- Each module in the program has a folder. Click a folder then choose a lesson to access the pre-made assessment for that lesson.
- You can create your own assessments by clicking the **New Assessment** button. To create a new assessment, you can choose from the dozens of pre-made questions or the questions you created, which are all stored in the Question Banks. When your assessment is complete, it will appear in the **My Assessments** folder.
- To print or assign an assessment, click the **Options** icon (three vertical dots) next to the name of the assessment in the list view.

TeenHealthWV Demo

Assessments

New Folder

Assessments

New Assessment

Module: Noncommunicable Diseases

Module: Nutrition

Module: Physical Activity

Module: Personal Health Care

Module: Your Body Systems

Module: Tobacco

Assessments

Module: Noncommunicable Diseases

Module: Nutrition

Module: Physical Activity

Module: Personal Health Care

Module: Your Body Systems

Module: Tobacco

Student Preview

Edit

Assign

Print

Export Metadata

Learn more

.....
mheducation.com/west-virginia