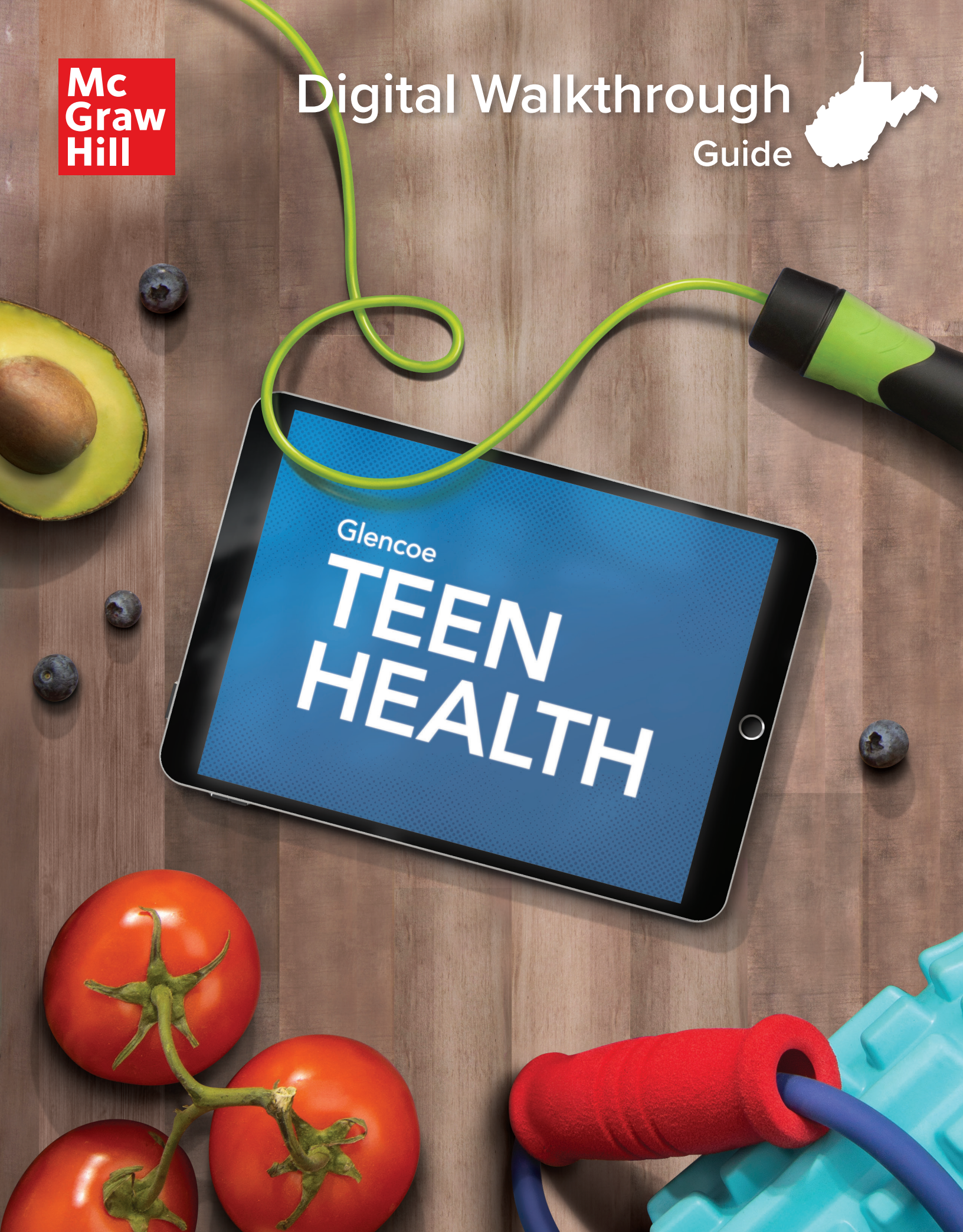


**Mc  
Graw  
Hill**

# Digital Walkthrough Guide





# Start Your Digital Review



## 1. Visit my.mheducation.com

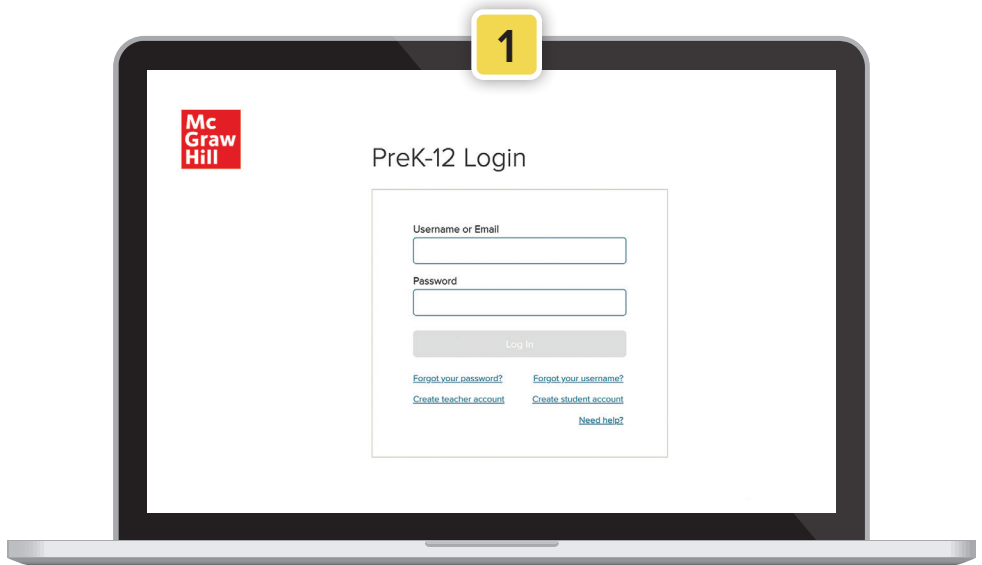
Enter your username and password.

**Teacher Username:** TeenHealthWV

**Teacher Password:** TeenHealth\*1

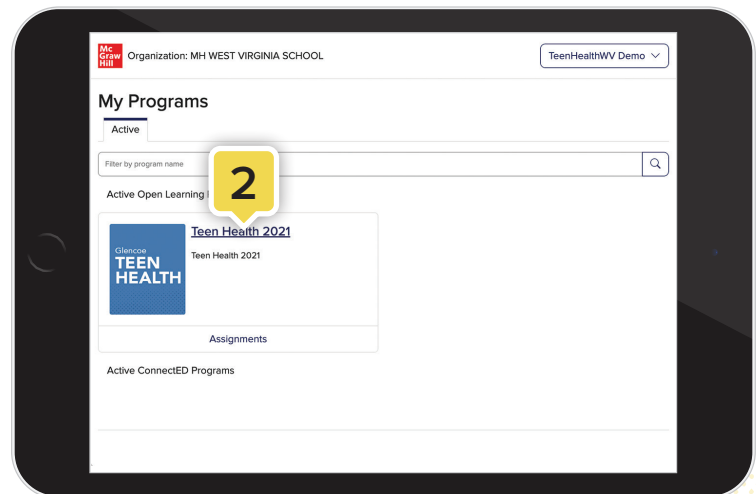
**Student Username:** TeenHealthWVs

**Student Password:** TeenHealth\*1



## 2. Dashboard

From the teacher dashboard, locate your program in the digital bookbag. Click the program to launch the home page of your digital teacher experience.



# Using Your Class Dashboard

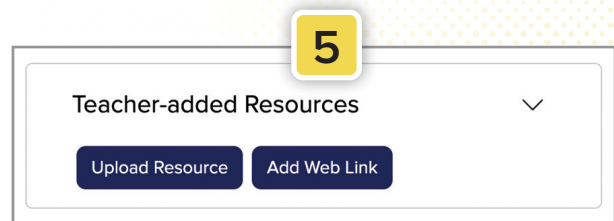
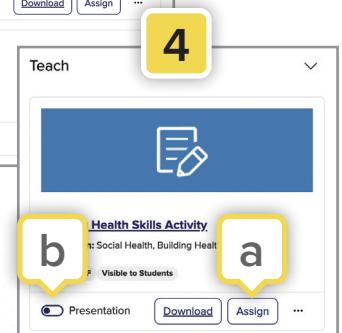
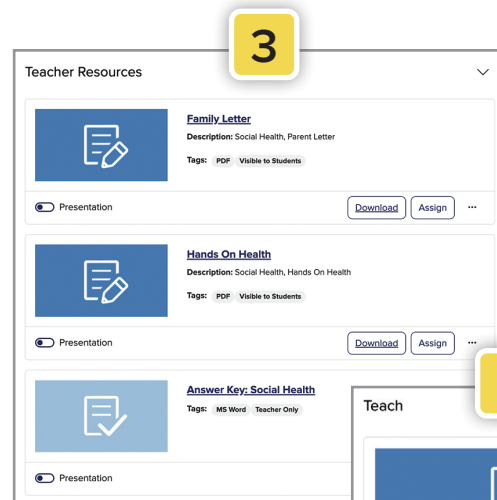
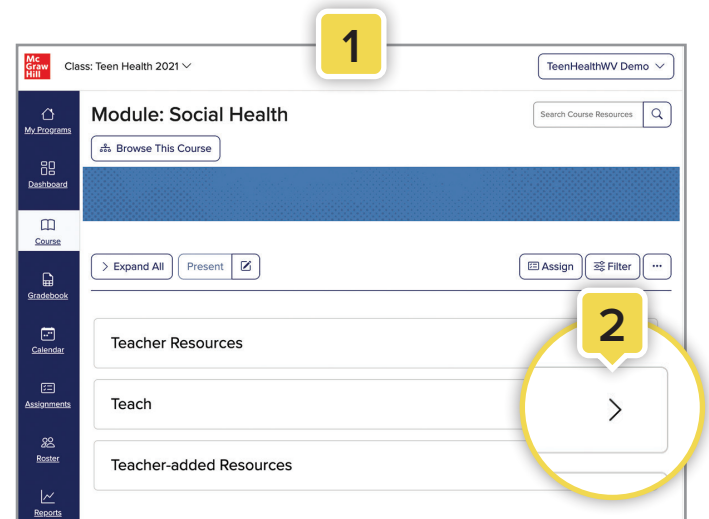
Your course dashboard provides quick access to all your teaching resources.

1. **Browse This Course** helps you find the modules and lessons within the course.
2. **eBook Options** are conveniently organized together so you can access these resources with ease.
3. **The Toolbar** navigates you to other teacher tools like assignments, assessments, and more.

The screenshot shows the Class Dashboard for 'Teen Health 2021'. At the top, there's a header with the McGraw Hill logo, the class name 'Class: Teen Health 2021', and a 'TeenHealthWV Demo' dropdown. Below the header is a search bar labeled 'Search Course Resources'. The main content area is titled 'Dashboard Teen Health 2021' and features a 'Browse This Course' button. Below this is a section for 'Course: Program Resources' with an 'Open' button. The dashboard is divided into three main sections: 'Calendar' (showing 'Tuesday, November 11, 2025' and 'There are no calendar items scheduled for this day.'), 'eBook Options' (listing 'Teen Health, Student Edition (Spanish Version)' and 'Teen Health, Student Edition'), and 'Additional Resources' (listing 'MH Glencoe Teen Health Pacing Guide - Grade 7', 'MH Glencoe Teen Health Pacing Guide - Grade 8', 'Program Overview', and 'Digital Walkthrough'). A sidebar on the left contains navigation links: My Programs, Dashboard, Course, Gradebook, Calendar, Assignments, Roster, Reports, Assessments, and My Tools. Numbered callouts 1, 2, and 3 highlight the 'Browse This Course' button, the 'eBook Options' section, and the sidebar respectively.

# Using the Module Landing Pages

1. On the module landing page you can access resources for both teachers and students. Each module features resources, assessments and project-based learning activities.
2. To collapse or expand the different sections, click the caret.
3. Within the Teacher Resources section you will find the Family Letter and Hands on Health activity.
4. Under Teach you will find activities and worksheets.  
(a) Click the **Assign** button to assign these resources to your students. (b) To include these resources in your presentation, toggle the switch next to **Presentation**.
5. If you want to add your own resources, click the caret to open the **Teacher-added Resources** on the module landing page then click Upload Resource or Add Web Link. This feature is also available on the lesson-level landing pages.





# Using the Lesson Landing Pages

1. On the Module landing page you will see all of the lessons within that module listed out.
2. Click on **Lesson Info** to view the Standards Correlations covered within that specific lesson.
3. Click on **Student Resources** to find the (a) PowerPoints and (b) eBook for that specific lesson.

The screenshot displays the McGraw Hill Education interface for the 'Teen Health 2021' class. The left sidebar contains navigation options: My Programs, Dashboard, Course, Gradebook, Calendar, Assignments, Roster, Reports, Assessments, and My Tools. The main content area is titled 'Lesson: Building Character' and includes a search bar for 'Search Course Resources'. Below the title, there are buttons for 'Expand', 'Present', 'Assign', 'Filter', and a menu icon. The 'Lesson Info' section is expanded, showing 'Student Resources'. Under 'Student Resources', there are two items: 'PowerPoint: Building Character' (a) and 'eBook: Building Character' (b). The PowerPoint item includes a description, tags (MS PowerPoint, Visible to Students), and buttons for 'Download' and 'Assign'. The eBook item also includes a description, tags (eBook, Visible to Students), and buttons for 'Download' and 'Assign'.

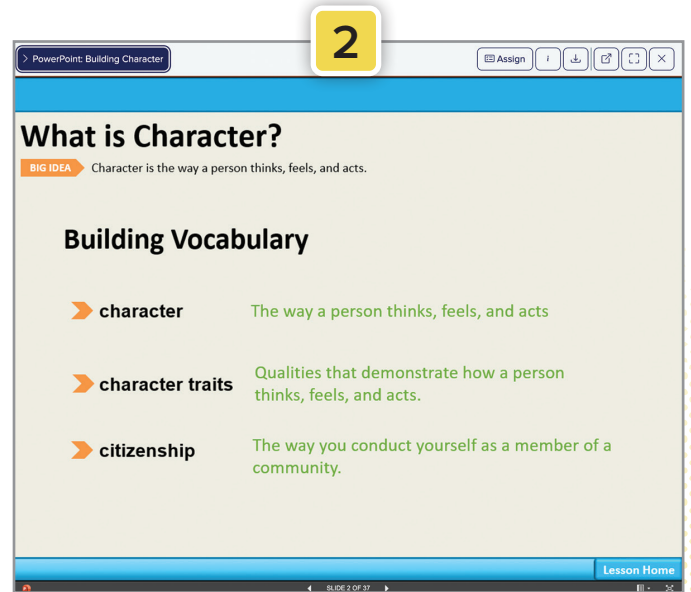
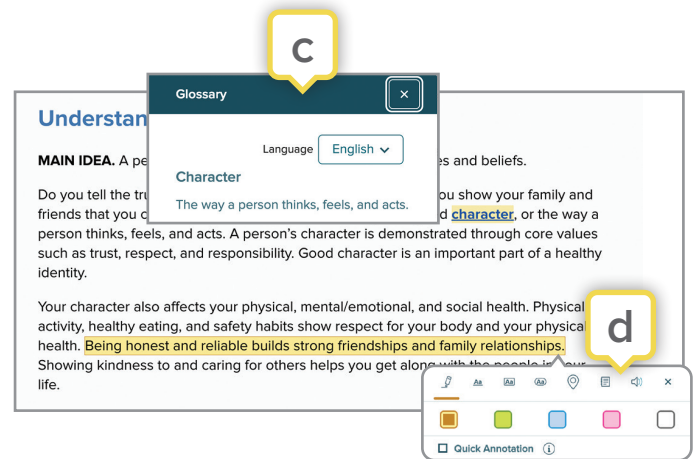
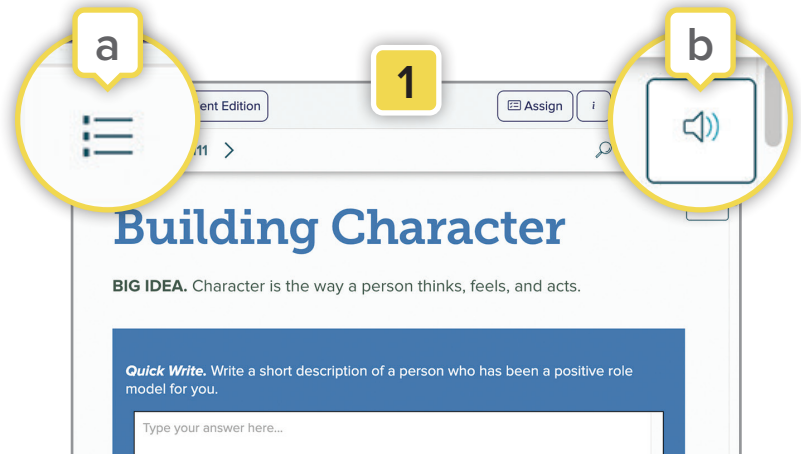
# Using the Lesson Landing Pages (cont'd)

## Teen Health eBook

1. The *Teen Health* eBook is the first resource in each lesson. Click the **eBook** tile to open this resource. Once inside the eBook, students can:
  - a. Navigate between lessons by clicking the **Menu** icon. The Table of Contents will appear on the left side of the screen.
  - b. Have the text read aloud by clicking the small speaker icon at the top right-hand side of the page.
  - c. Define a vocabulary word by clicking on the underlined and highlighted word.
  - d. Highlight or annotate important points in the text by selecting the text and choosing an option from the toolbar that appears.

## PowerPoint Presentation

2. To open the PowerPoint Presentation you can either click on the tile to view this resource within the platform or click the download button which will then allow you to edit and print the presentation

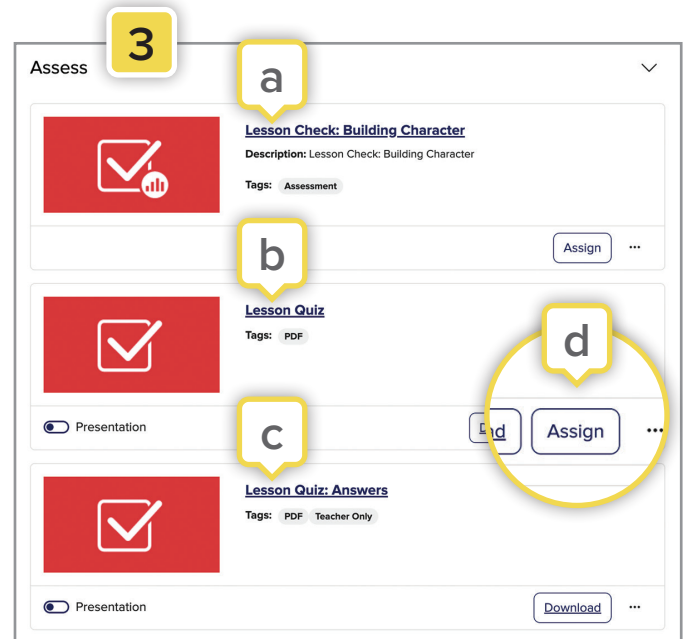




# Using the Lesson Landing Pages (cont'd)

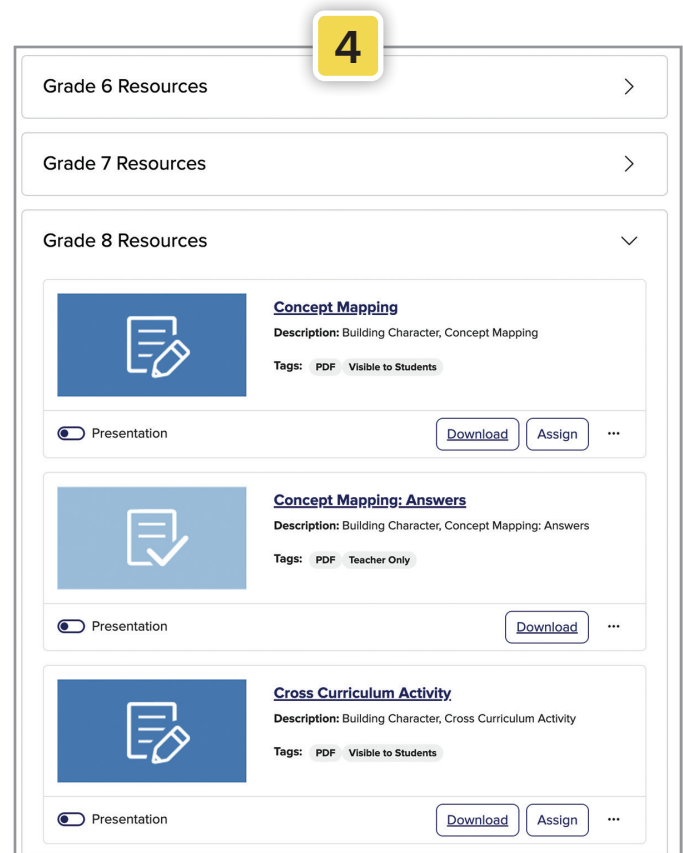
## Assess

3. The **Assess** section features assessments that gauge student understanding. You can open this section on the lesson landing page by clicking the caret. Within this section, you will find the (a) **Lesson Check**—a short assessment that is exclusive to the digital experience— and the (b) Lesson Quiz and (c) **Lesson Quiz Answers** which are downloadable and printable PDFs. When you click **Assign** (d) for the Lesson Quiz, you will then be prompted to input start and due dates, points associated, and the students to whom you are assigning this quiz.



## Grade-Level Resources

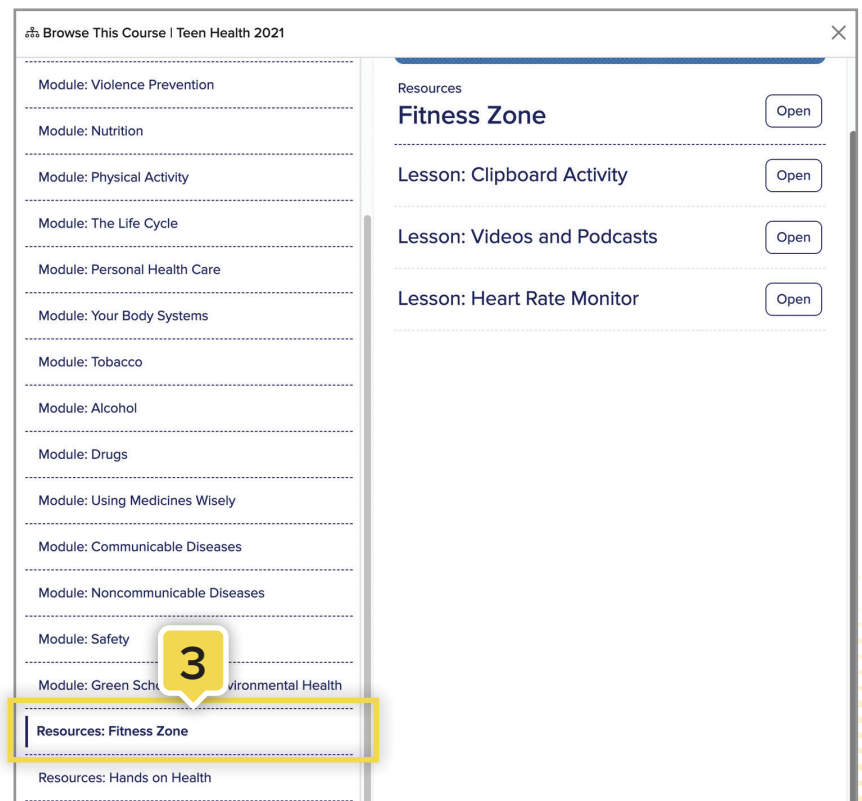
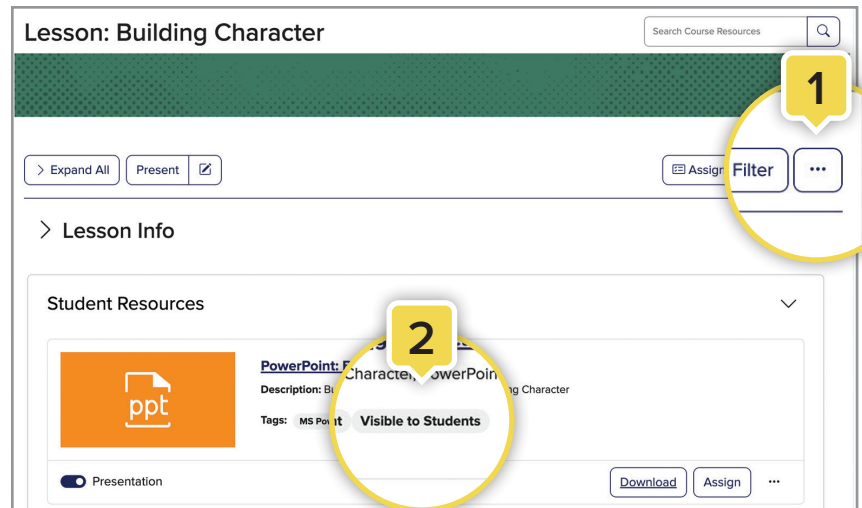
4. Grade-level resources can be found in their respective grade section, which can be opened by clicking the caret located to the right. Assignments in these sections are similar but leveled to appropriate grades and can be assigned to specific students based on their grade level.



# Using the Lesson Landing Pages (cont'd)

## Additional Resources and Instructional Tools

1. Click the **three dot icon** next to Assign and Filter to see the lesson content as a student will see it.
2. If any of the resource tiles on the module or lesson landing pages say **Visible to Students** they will appear on the student page.
3. Get students started with physical activity by selecting any lesson within the last module of the main menu (Fitness Zone). Within these lesson-level landing pages, you will find features and resources for your students, including Personal Fitness Logs, Heart Rate Monitor Activities, Videos, Podcasts, Clipboard Energizer Activities, and more.





# Navigating Your Presentations



If you chose **Add to presentation** on any of the resource tiles on the Lesson page, those assets will appear in your presentation.

1. To start your presentation, click on **Present** at the top of the lesson-level landing page.

2. Click on the **arrows** to navigate within the same learning resource. Only resources with multiple pages or slides feature arrows for navigation.

3. By clicking on the **Switch to Edit Presentation** button, you are able to move resources around to customize your presentation.

The image shows two screenshots of a digital learning interface. The top screenshot, titled "Lesson: Building Character", shows a header with a search bar and a "Present" button circled with a yellow callout labeled "1". Below the header are buttons for "Expand All", "Assign", "Filter", and a menu icon. The bottom screenshot shows a presentation editor. On the left, a "Switch to Edit Presentation" button is circled with a yellow callout labeled "3". In the center, a "resource: 2 of 2" indicator with left and right arrows is circled with a yellow callout labeled "2". The right side of the screenshot shows a preview of a worksheet titled "Academic Integration: English" with the subtitle "Understanding Health and Wellness". The worksheet includes a "Your Total Health" section with directions and two numbered scenarios for a writing exercise.

# Customizing Your Classes

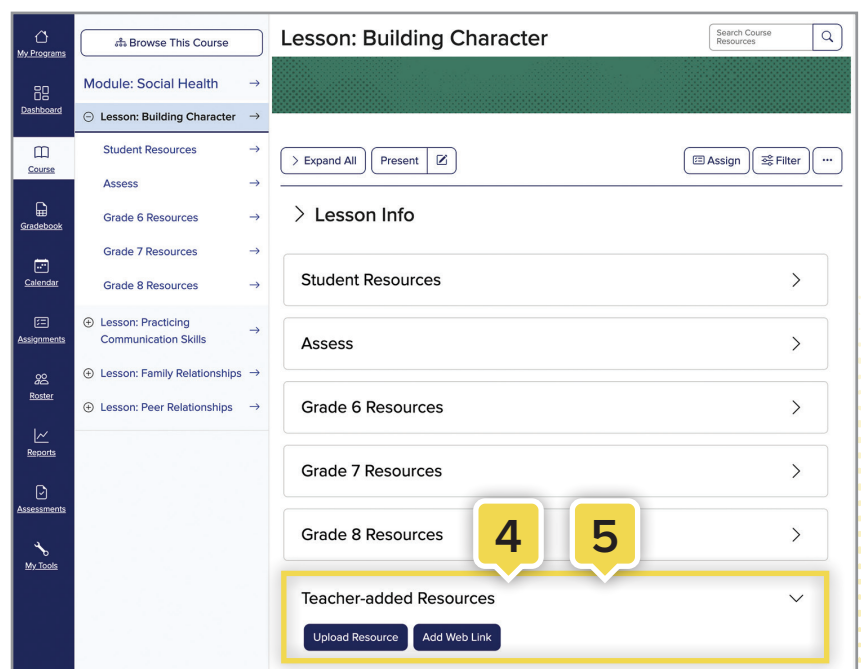
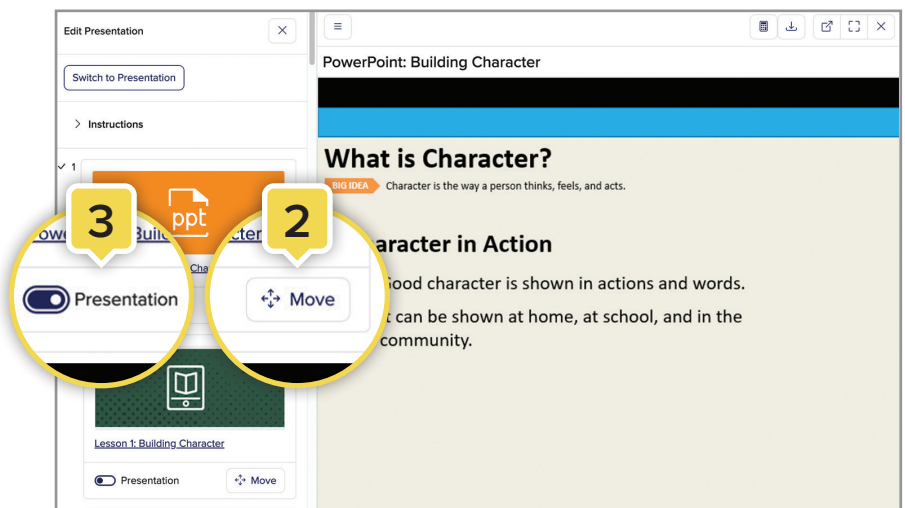
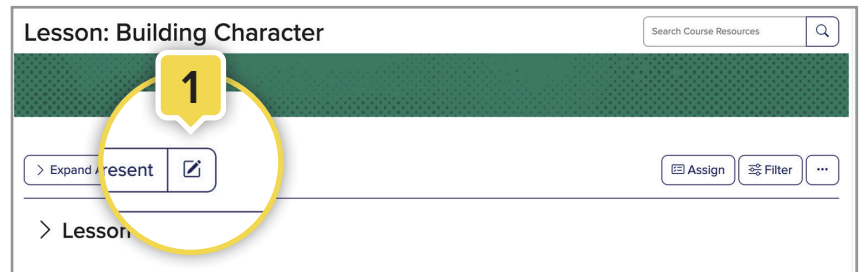
1. From the top of the lesson-level landing page, click **Edit Presentation**. This will open the Presentation menu.

2. Drag-and-drop items to a new location in the presentation line-up.

3. Add or remove items from the presentation by checking the **Presentation** option.

4. Upload your own resources by clicking the caret to open the **Teacher-added Resources** section at the bottom of every lesson-level landing page and then clicking **Upload Resource** or **Add Web Link**.

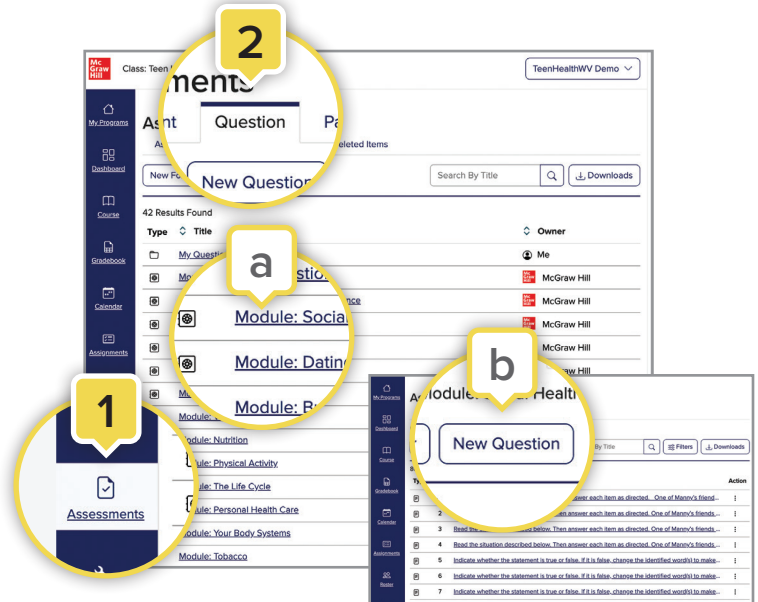
5. If you added your own resources to a lesson-level landing page, those resources will appear here as well.





# Assessments

1. From the main menu, click on **Assessments** to access assessment tools.
2. The **Question** tab is where all the questions for each lesson are stored.
  - a. Each module in the program has a folder. Click a folder to access and edit dozens of pre-made questions for that module.
  - b. You can create your own questions by clicking the **New Question** button. When complete, those questions will be stored in the **My Questions** folder.



3. The **Assessment** tab is where all the assessments are stored.
  - a. Each module in the program has a folder. Click a folder then choose a lesson to access the pre-made assessment for that lesson.
  - b. You can create your own assessments by clicking the **New Assessment** button. To create a new assessment, you can choose from the dozens of pre-made questions or the questions you created, which are all stored in the Question Banks. When your assessment is complete, it will appear in the **My Assessments** folder.
  - c. To print or assign an assessment, click the **Options** icon (three vertical dots) next to the name of the assessment in the list view.



Learn more

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**[mheducation.com/west-virginia](http://mheducation.com/west-virginia)**