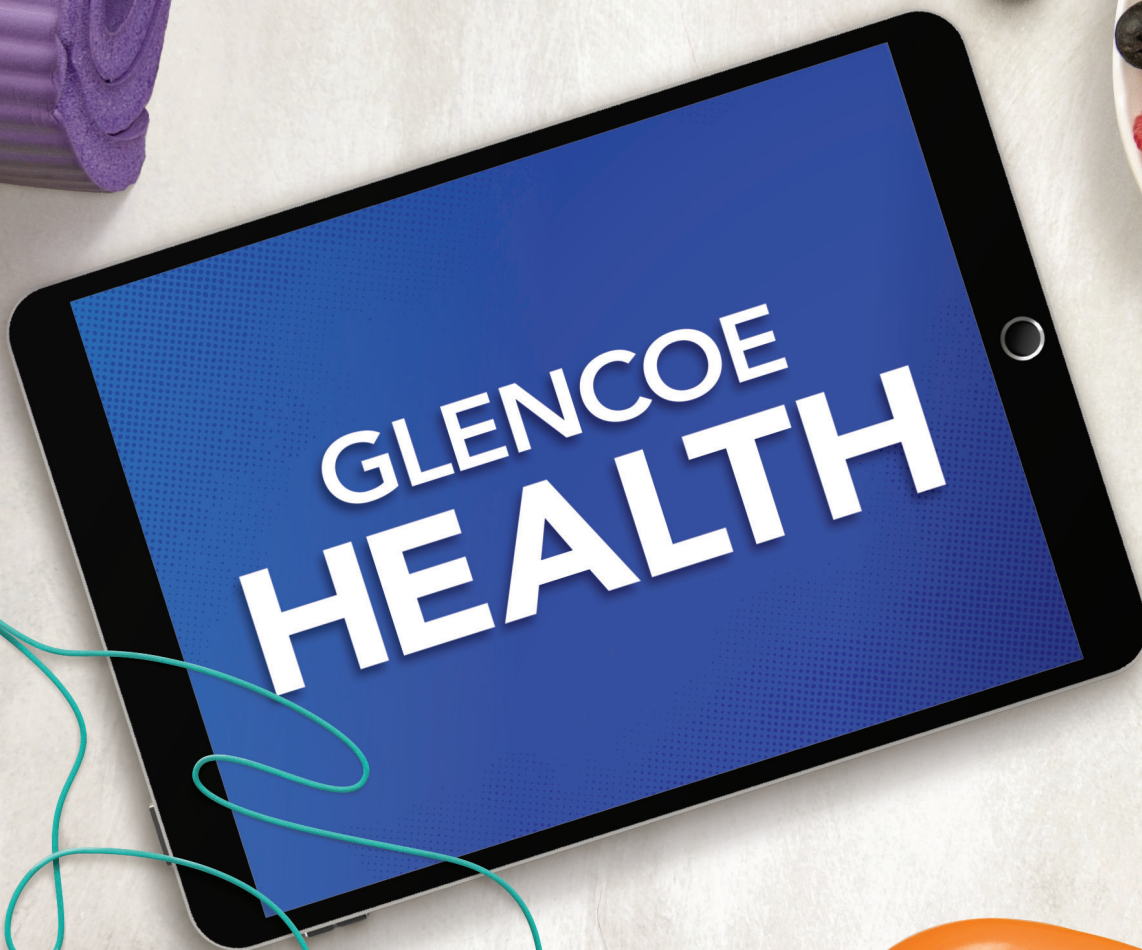




# Digital Walkthrough Guide





# Start Your Digital Review

## 1. Visit my.mheducation.com

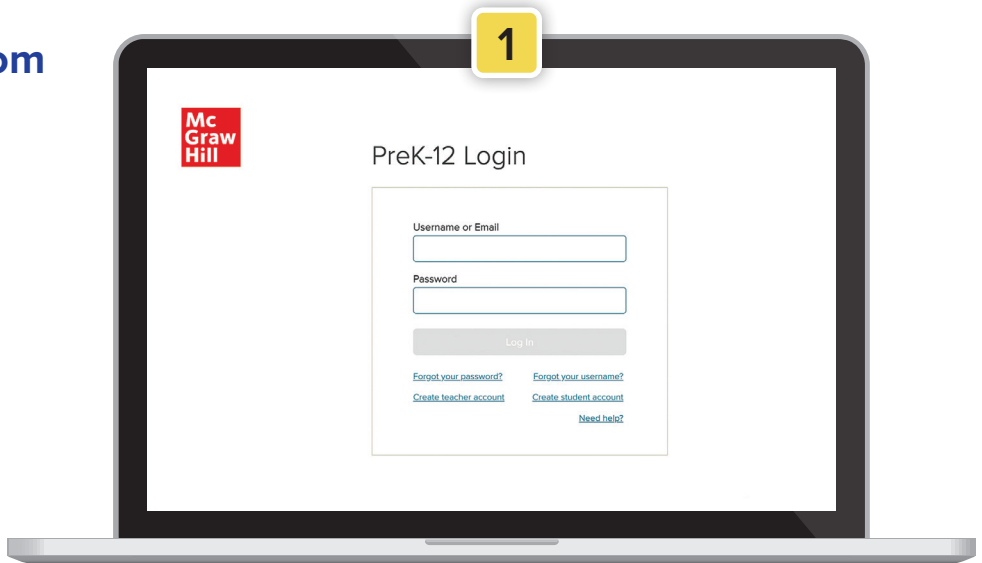
Enter your username and password.

**Teacher Username:** WVHealth

**Teacher Password:** Glencoe\*1

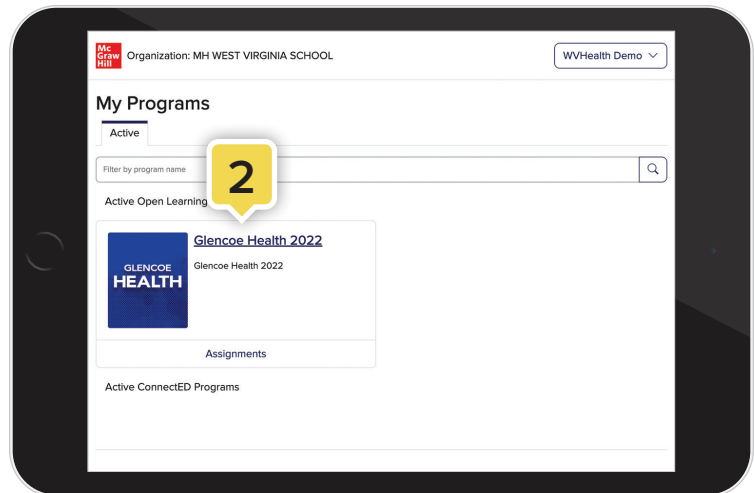
**Student Username:** WVHealthS

**Student Password:** Glencoe\*1



## 2. Dashboard

From the teacher dashboard, locate your program in the digital bookbag. Click the program to launch the home page of your digital teacher experience.



# Using Your Class Dashboard

Your course dashboard provides quick access to all your teaching resources.

1. **Browse This Course** helps you find the modules and lessons within the course.
2. **eBook Options** are conveniently organized together so you can access these resources with ease.
3. **The Toolbar** navigates you to other teacher tools like assignments, assessments, and more.

The screenshot displays the Glencoe Health 2022 Class Dashboard. A yellow circle with the number 1 highlights the 'Browse This Course' button in the top left navigation bar. A yellow circle with the number 2 highlights the 'eBook Options' section, which includes links to 'Glencoe Health: Student Edition', 'Glencoe Health: Teacher Edition', and 'Glencoe Salud: Student Edition'. A yellow circle with the number 3 highlights the left-hand toolbar, which contains icons for 'My Programs', 'Diagnostic', 'Course', 'Gradebook', 'Calendar', 'Assignments', 'Roster', 'Reports', 'Assessments', and 'My Tools'.

**Class Dashboard**  
Class: Glencoe Health 2022  
GlencoeHealth TeacherDemo

**Browse This Course**  
Module 1 / Lesson  
Lesson: Your Total Health  
Open

**Calendar**  
Wednesday, November 5, 2025  
There are no calendar items scheduled for this day.

**Assignments Ready to Grade**

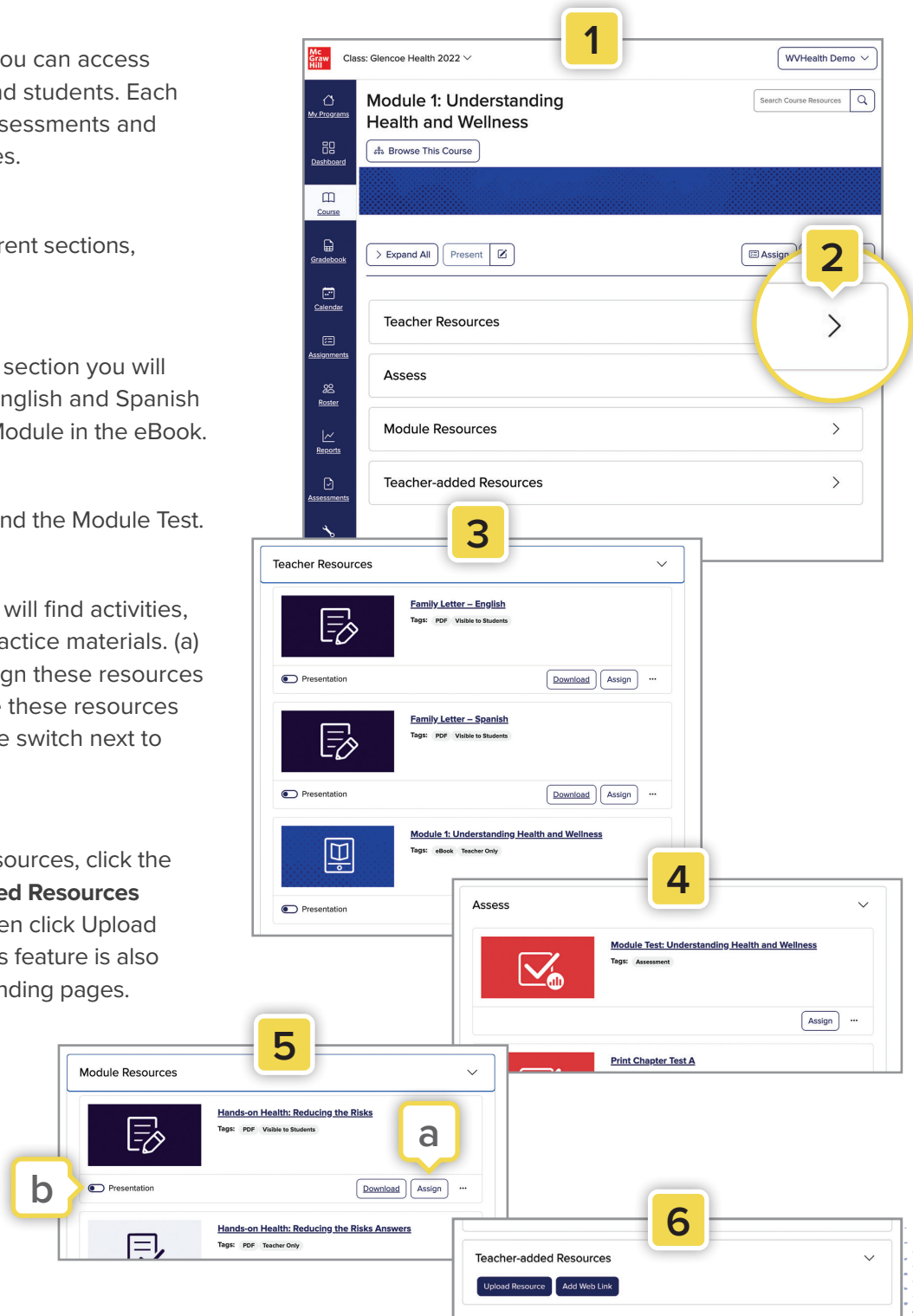
Assignment Name	Submission Counts	Unscored Attempts
Lesson 3: Promoting a Smoke-Free Environment	0/2 Submitted	2 to grade

**eBook Options**  
Glencoe Health: Student Edition  
Glencoe Health: Teacher Edition  
Glencoe Salud: Student Edition

**Additional Resources**  
Program Overview  
Digital Walkthrough

# Using the Module Landing Pages

1. On the module landing page you can access resources for both teachers and students. Each module features resources, assessments and project-based learning activities.
2. To collapse or expand the different sections, click the **caret**.
3. Within the **Teacher Resources** section you will find the Family Letter in both English and Spanish as well as a link to launch the Module in the eBook.
4. In the **Assess** section you will find the Module Test.
5. Under **Module Resources** you will find activities, worksheets and vocabulary practice materials. (a) Click the **Assign** button to assign these resources to your students. (b) To include these resources in your presentation, toggle the switch next to **Presentation**.
6. If you want to add your own resources, click the caret to open the **Teacher-added Resources** on the module landing page then click Upload Resource or Add Web Link. This feature is also available on the lesson-level landing pages.





# Using the Lesson Landing Pages

1. On the Module landing page you will see all of the lessons within that module listed out. Click on a lesson to expand the Lesson Landing Page where you will find the (a) eBook and (b) Powerpoints, Assessments and Resources for that specific lesson.
2. Click on **Lesson Info** to view the Standards Correlations covered within that specific lesson.

The screenshot shows the McGraw Hill Glencoe Health 2022 interface. The top navigation bar includes the McGraw Hill logo, the class name 'Class: Glencoe Health 2022', and a 'WVHealth Demo' dropdown. The left sidebar contains navigation links: My Programs, Dashboard, Course (selected), Gradebook, Calendar, Assignments, Roster, and Reports. The main content area is titled 'Lesson: What Affects Your Health?'. A yellow callout '1' points to the 'Lesson: What Affects Your Health?' link in the left sidebar. A yellow callout '2' points to the 'Lesson Info' button in the top right of the main content area. Below the 'Lesson Info' button, there are three expandable sections: 'eBooks and Powerpoints', 'Assess', and 'Resources'. Each section has a right arrow indicating it can be expanded.

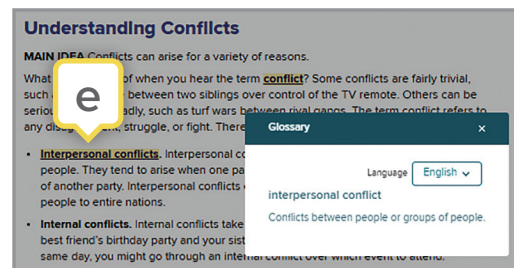
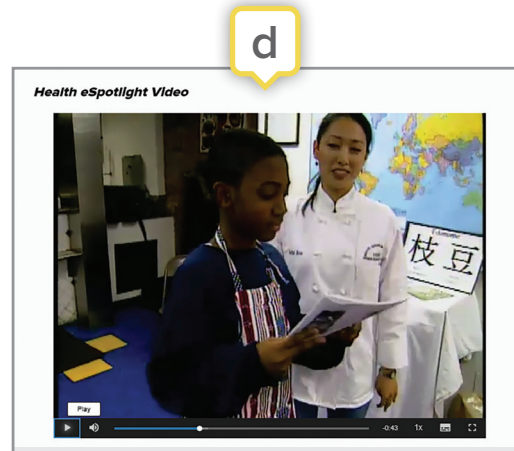
The screenshot shows the eBook landing page for 'Lesson 2: What Affects Your Health?'. It features a blue header with a white book icon. Below the header, the title 'Lesson 2: What Affects Your Health?' is displayed, followed by the tags 'eBook' and 'Visible to Students'. At the bottom, there is a toggle switch for 'Presentation' and an 'Assign' button.

The screenshot shows the PowerPoint landing page for 'PowerPoint: What Affects Your Health?'. It features an orange header with a white 'ppt' icon. Below the header, the title 'PowerPoint: What Affects Your Health?' is displayed, followed by the tags 'MS PowerPoint' and 'Visible to Students'. At the bottom, there is a toggle switch for 'Presentation', a 'Download' button, and an 'Assign' button.

# Using the Lesson Landing Pages (cont'd)

## Glencoe Health eBook

1. The *Glencoe Health* eBook is the first resource in each lesson. Click the **eBook** tile to open this resource. Once inside the eBook, students can:
  - a. Navigate between lessons by clicking the **Menu** icon. The Table of Contents will appear on the left side of the screen.
  - b. Have the text read aloud by clicking the small speaker icon at the top right-hand side of the page.
  - c. Answer questions by typing in the blank fields underneath them.
  - d. View supporting media, including the Health eSpotlight Videos.
  - e. Define a vocabulary word by clicking on the underlined and highlighted word.
  - f. Highlight or annotate important points in the text by selecting the text and choosing an option from the toolbar that appears.

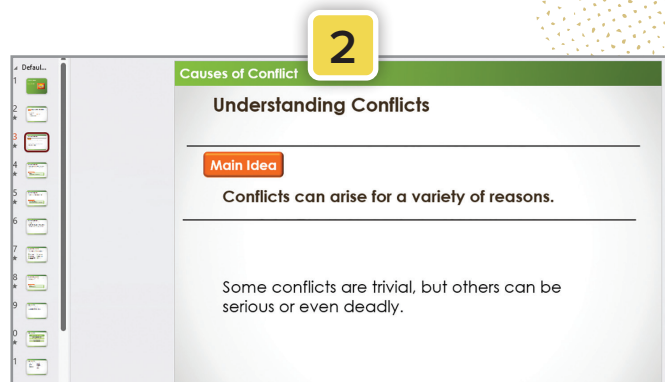




# Using the Lesson Landing Pages (cont'd)

## PowerPoint Presentation

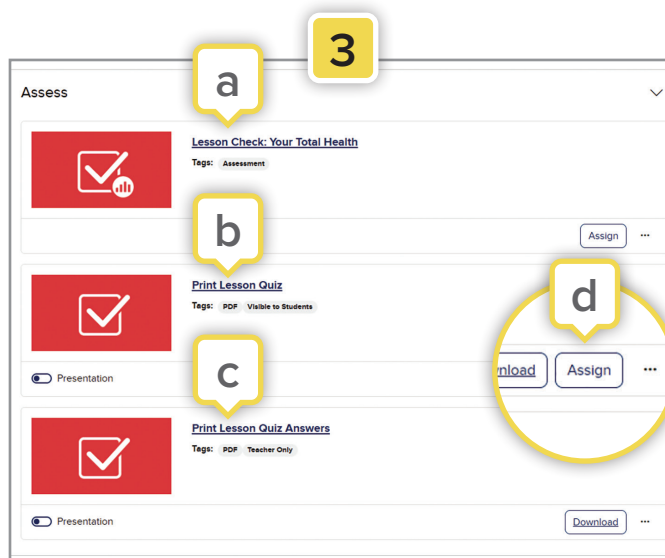
2. To open the PowerPoint Presentation you can either click on the tile to view this resource within the platform or click the download button which will then allow you to edit and print the presentation.



## Assess

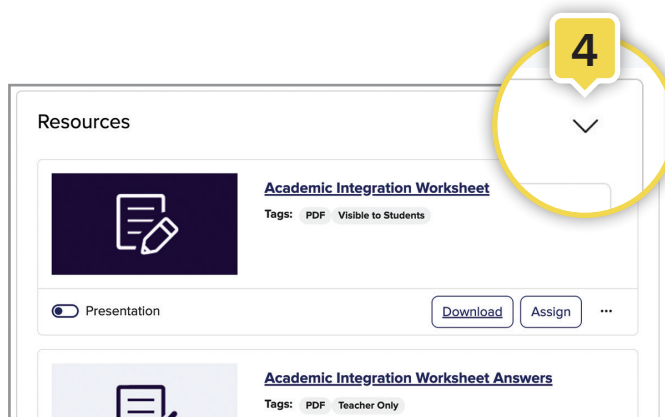
3. The Assess section features assessments that gauge student understanding. You can open this section on the lesson landing page by clicking the caret. Within this section, you will find the (a) **Lesson Check**—a short assessment that is exclusive to the digital experience— and the (b) **Lesson Quiz** and (c) **Lesson Quiz Answers** which are downloadable and printable PDFs.

d. When you click **Assign** for the Lesson Quiz, you will then be prompted to input start and due dates, points associated, and the students to whom you are assigning this quiz.



## Resources

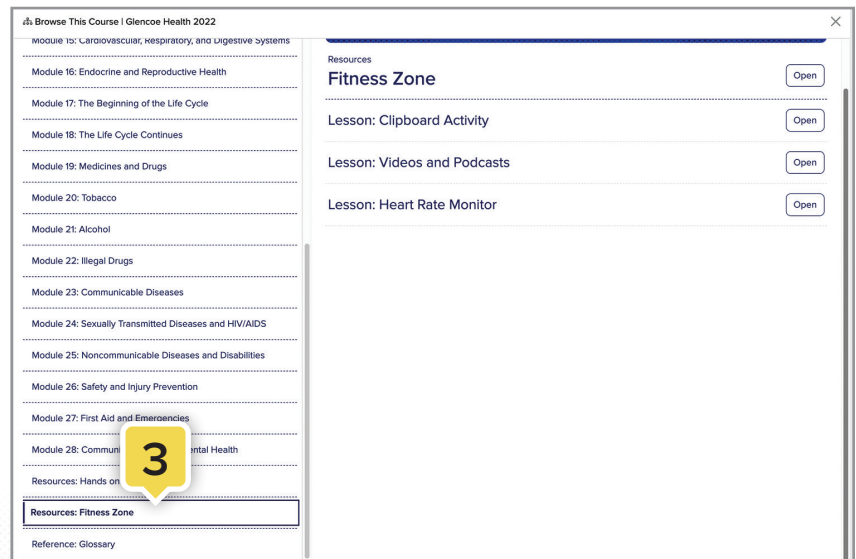
4. Lesson-level resources can be opened by clicking the caret located to the right.



# Using the Lesson Landing Pages (cont'd)

## Additional Resources and Instructional Tools

1. Click the **three dot icon** in next to Assign and Filter to see the lesson content as a student will see it.
2. If any of the resource tiles on the module or lesson landing pages say **Visible to Students** they will appear on the student page. To remove a resource from view, click on the three dot icon and select Hide From Students.
3. Get students started with physical activity by selecting any lesson within the last module of the main menu (**Fitness Zone**). Within these lesson-level landing pages, you will find features and resources for your students, including Personal Fitness Logs, Heart Rate Monitor Activities, Videos, Podcasts, Clipboard Energizer Activities, and more.

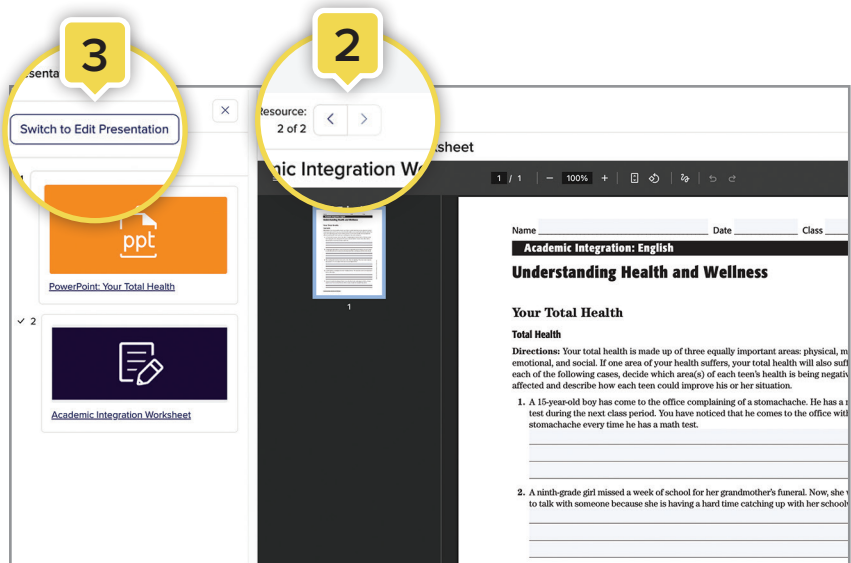
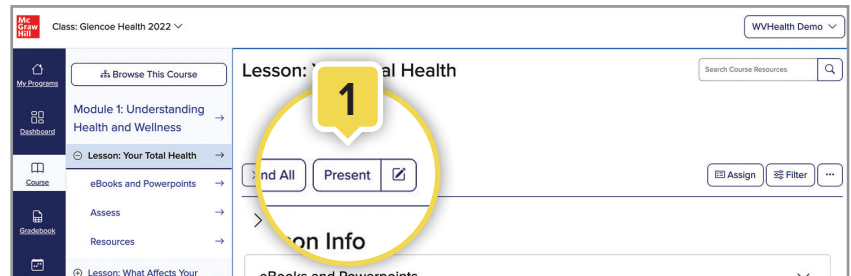




# Navigating & Customizing Your Presentations

If you selected the **Presentation** option on any of the resource tiles on the Lesson page, those assets will appear in your presentation.

1. To start your presentation, click the **Present** button at the top of the page.
2. Click on the **arrows** to navigate within the same learning resource. Only resources with multiple pages or slides feature arrows for navigation.
3. By clicking on the **Switch to Edit** **Presentation** button, you are able to move resources around to customize your presentation.



# Assessments

1. Click **Assessments** on the left sidebar to access assessment tools.
2. The **Question** tab is where all the questions for each lesson are stored.
  - a. Each module in the program has a folder. Click a folder to access and edit dozens of pre-made questions for that module.
  - b. You can create your own questions by clicking the **New Question** button.

The screenshot shows the McGraw Hill Assessments interface. The left sidebar contains navigation links: My Programs, Dashboard, Course, Gradebook, Calendar, Assignments, Roster, and Assessments. The main area is titled 'Assessments' and includes tabs for Assessment, Question, Passage, and Deleted Items. A 'New Folder' and 'New Question' button are visible. A search bar labeled 'Search By Title' and a 'Downloads' button are also present. Below the search bar, it says '55 Results Found'. The results are listed in a table with columns for Type, Title, and Owner. The table lists various module tests, such as 'Module Test B: Achieving Mental and Emotional Health' and 'Module Test B: Managing Stress and Coping with Loss', all owned by McGraw Hill. Annotations include a yellow circle with the number '1' around the 'Assessments' link in the sidebar, a yellow circle with the number '2' around the 'Question' tab and 'New Question' button, a yellow circle with the letter 'a' around a folder icon next to a module test title, and a yellow circle with the letter 'b' around the 'New Question' button in a detailed view of a module test.

Class: Glencoe Health 2022

WVHealth Demo

Assessments

Assessment Question Passage Deleted Items

New Folder New Question

Search By Title Q Downloads

55 Results Found

Type	Title	Owner
Folder	My Questions	Me
Module Test	Module Test B: Achieving Mental and Emotional Health	McGraw Hill
Module Test	Module Test B: Managing Stress and Coping with Loss	McGraw Hill
Module Test	Module Test B: Mental and Emotional Problems	McGraw Hill
Module Test	19 Module Test B: Medicines and Drugs	McGraw Hill
Module Test	20 Module Test B: Tobacco	McGraw Hill
Module Test	21 Module Test B: Alcohol	McGraw Hill
Module Test	22 Module Test B: Illegal Drugs	McGraw Hill
Module Test	10 Module Test B: Nutrition for Health	McGraw Hill
Module Test	11 Module Test B: Managing Weight and Eating Behaviors	McGraw Hill
Module Test	1 Module Test B: Understanding Health and Wellness	McGraw Hill
Module Test	2 Module Test B: Taking Charge of Your Health	McGraw Hill

Assessments

Assessment Question Passage Deleted Items

New Question

Contains

25 Results Found

Type	Title
Question	1 The psychological desire for food is referred to as hunger.
Question	2 Factors that can influence food choices include emotions.
Question	3 Eating plenty of calcium-rich foods can reduce the risk of stroke.
Question	4 In MyPlate, each colored section represents a different food group.
Question	5 Bacteria and viruses are responsible for most cases of food intolerance.
Question	6 The energy provided by food is
Question	7 If Juan usually overeats at his grandmother's house on holidays, which factors are most likely to influence his eating habits?
Question	8 Jana's doctor said that she should eat more fiber. Which three types of foods would provide Jana with the most fiber?
Question	9 It is more dangerous to consume large amounts of vitamin E than vitamin C because excess vitamin E can cause blood clots.
Question	10 Which type of fat is most dangerous for someone with heart disease?
Question	11 The Dietary Guidelines for Americans recommend



# Assessments (cont'd)

3. Click the **Assessment** tab to assign, edit or print an assessment.
  - a. Click on a module folder, then click on the **three dot icon** to the right of title.
  - b. Select an option from the drop-down menu.

The screenshot displays the McGraw Hill Assessments interface. The top navigation bar includes the McGraw Hill logo, the class name 'Class: Glencoe Health 2022', and a 'WVHealth Demo' dropdown. The left sidebar contains navigation links: My Program, Dashboard, Course, Gradebook, Calendar, Assignments, Roster, Reports, and Assessments. The main content area is titled 'Assessments' and features tabs for Assessment, Question, Passage, and Deleted Items. A yellow callout '3' points to the 'Assessment' tab. Below the tabs, there are buttons for 'New Folder' and 'New Assessment', a search bar labeled 'Search By Title', and a 'Downloads' button. A table lists 56 results found, with columns for Type, Title, and Owner. A yellow callout 'a' points to the 'Module: Nutrition for Health' entry. To the right, a detailed view of the 'Assessments / Module: Nutrition for Health' page is shown. It includes buttons for 'New Folder', 'New Assessment', 'Contains', 'Search By Title', 'Filters', and 'Downloads'. Below these, it shows 5 results found. A table lists the results with columns for Type, Title, and Action. A yellow callout 'b' points to the 'three dot icon' in the Action column for the 'Lesson: The Importance of Nutrition' entry. A dropdown menu is open, showing options: Student Preview, Edit, Assign, Print, and Export Metadata.

Type	Title	Owner
Folder	My Assessments	Me
Folder	Copies Received	Me
Module	Module: Managing Weight and Eating Behaviors	McGraw Hill
Module	Module: Managing Weight and Eating Behaviors (Spanish)	McGraw Hill
Module	Module: Medicines and Drugs	McGraw Hill
Module	Module: Medicines and Drugs (Spanish)	McGraw Hill
Module	Module: Mental and Emotional Problems	McGraw Hill
Module	Module: Mental and Emotional Problems (Spanish)	McGraw Hill
Module	Module: Communicable Diseases and Dis	McGraw Hill
Module	Module: Nutrition for Health	McGraw Hill
Module	Module: Peer Relations Health (Spanish)	McGraw Hill

Type	Title	Action
Lesson	Lesson: The Importance of Nutrition	⋮
Lesson	Lesson: Nutrients	⋮
Lesson	Lesson: Healthy Food Guidelines	⋮
Lesson	Lesson: Nutrition Labels and Food Safety	⋮
Module Test	Module Test: Nutrition for Health	⋮

- Student Preview
- Edit
- Assign
- Print
- Export Metadata

Learn more

.....  
**[mheducation.com/west-virginia](http://mheducation.com/west-virginia)**