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Nisha Singh

Company: Livingstone College

Current Role: Associate Professor of Economics, Interim Dean & Chair

School: Garhwal University

Year: 2007

Major: Economics (PhD, MA), Science (BS)

Why did you major in economics?

My interest in economics developed from a strong curiosity about how markets, public policy, and financial systems influence everyday life and long-term development. Economics provided analytical tools to understand decision-making at both micro and macro levels, particularly in areas such as fiscal and monetary policy, development, and global economic integration. This intellectual foundation motivated me to pursue advanced study and research in the discipline.

Favorite econ class or topic? Why?

Banking and economic theories are my favorite areas because they connect theoretical frameworks with real-world financial systems. Studying banking helps explain how monetary policy is transmitted through financial institutions, while economic theories provide models to analyze stability, growth, inflation, and crises. These subjects allow students to evaluate current economic challenges and policy decisions.

What advice would you give your first-year self?

If I could go back and advise my freshman self, I would emphasize the importance of engaging in research and academic exploration as early as possible. I would encourage myself to ask more questions, seek mentorship from faculty, and connect classroom learning to real-world economic issues sooner. Building confidence in academic writing, data analysis, and scholarly discussion early on would have strengthened my academic journey and professional growth.

Any fun, unexpected, or relatable story from studying econ?

One of the most relatable moments from studying economics was realizing how often economic theories appeared in everyday life, sometimes unexpectedly. I remember beginning to analyze simple activities like grocery shopping, fuel price changes, or even long lines at a bank through concepts such as demand, elasticity, and opportunity cost. Friends and family often joked that I "over-analyzed" situations, but it was rewarding to see how economics transformed the way I understood decision-making and human behavior in practical, relatable ways.

Biggest econ myth you've heard—and why was it wrong?

That the course is too challenging. The course may seem challenging, but it becomes interesting if the concepts are properly understood.

Did you almost major in anything else? If so, what and why?

Before fully committing to economics, I briefly considered pursuing a degree in management or business administration because of my interest in organizational decision-making and leadership. However, economics provided a stronger analytical and theoretical foundation, allowing me to study business, finance, and policy through a broader and more rigorous lens. That depth ultimately confirmed economics as the right choice for me.

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